



Pacific County Weekly Update

8/12/2020

Meeting Guidelines

- This will be a moderated forum. We ask that everyone participating be respectful and stay on topic. The moderator may select questions as time permits and in order to keep the discussion on topic and appropriate.
- This meeting is being recorded and will be posted on health dept social media and at www.pacificcounty covid19.com
- If you'd like to comment or ask a question, enter your comment in the comment box, or enter your name and you will be called on (as time permits).
- Please try to limit comments to 3 minutes or less.

Agenda & Topics

1. Introductions & Meeting Guidelines (Paul)
2. Updated Guidance- Long Term Care, Fitness, Faith Based Organizations (Katie)
3. Schools decision tree, weekly metrics (Katie)
4. #MaskUpPacificCounty (Katie)
5. Contact Tracing: Answer the Call (Stephanie)
6. COVID-19 Definitions (Stephanie)
7. Local Data Update (Stephanie)
8. Testing Options (Stephanie)
9. Eviction Prevention, CAREs Act Grants for Businesses (Jamie and Paul)
10. WA Listens (Jamie)
11. Question & Answer and Public Comment (Paul)

Updated Guidance: Long Term Care

What is allowed for Long-Term Care Facilities Visitation Washington State Department of Health and Department of Social and Health Services August 2020				
	1 Phase 1	2 Phase 2	3 Phase 3	4 Phase 4
Compassionate care visits	✓	✓	✓	✓
Window visits	✓	✓	✓	✓
Remote visits	✓	✓	✓	✓
Outdoor visits	✓*	✓	✓	✓
Indoor visits – ONLY if unable to visit outdoors or remotely; single essential support person allowed		✓	✓	✓
Limited indoor visits			✓	✓
Normal visitation				✓

*Residents are limited to two visitors each day.

Beginning Aug. 12, long-term care facilities will be able to resume in-person visits, with restrictions. The state has established a phased approach with criteria for long-term care facilities to safely allow visitors, provide trips for residents outside the facility and group activities, among other things. More: <https://www.dshs.wa.gov/altsa/famhelp-facility-status-and-information>

Updated Guidance: Fitness

Effective August 3rd

- Removing the restriction on independent fitness training by allowing fitness and sports training other than group fitness classes.
- Increasing the distancing requirement while exercising indoors from six feet to 300 square feet per person, except while practicing certain team sports. For large facilities, occupancy is limited to 25 percent of the facility's occupancy limit, as determined by the fire code. Occupancy and distancing requirements should be determined and posted for every room in the facility.
- Requiring all patrons to wear face coverings when inside indoor fitness facilities, except while engaged in strenuous exercise. Patrons who remove their cloth facial coverings to exercise must wear them at all other times, including immediately before and immediately after exercise.
- Clarifying the use of indoor team sports facilities for practice and limited competition with no spectators.
- Clarifying that outdoors locations for fitness training and team sports are preferred to indoors locations and should be utilized to the greatest extent possible. Outdoor temporary structures may be used. Outdoor temporary structures should have no more than two walls to provide appropriate ventilation.

<https://www.governor.wa.gov/sites/default/files/COVID19Phase2FitnessGuidelines.pdf>

Updated Guidance: Faith Based Organizations

Effective August 10th

- Hold indoor services at a place of worship with up to 50% of room capacity or up to 400 people, whichever is less, so long as six feet of physical distancing can be achieved between households.
- Cloth face coverings are required for all participants.
- Additional attendees are permitted to attend simultaneous services if the organization has a separate freestanding building or separate rooms within the main building, provided that each separate building or room used must have its own accessible (1) outdoor entrance/exit; and (2) bathrooms for all participants.
- Hold outdoor services on the organization's property (or immediately adjacent property if explicitly permitted by the local jurisdiction) with up to 400 individuals, so long as six feet of physical distancing can be achieved between households. Outdoor services may be conducted under an outdoor structure (temporary or permanent) so long as the structure is not walled/enclosed on more than two sides to provide appropriate ventilation.
- Hold or provide in-home services inside a person's residence with up to ten total individuals (excluding organization staff). Cloth face coverings are required for all participants.

Step 1: Review data to determine risk and recommendation

COVID Activity Level (# of cases/14 days per 100,000 pop.)	HIGH Risk	Moderate Risk	Low Risk
	<p>>75 cases per 100,000</p> <p>Other considerations:</p> <ul style="list-style-type: none"> Increasing trend in cases or hospitalizations Test positivity rate >5% 	<p>25-75 cases per 100,000</p> <p>Other considerations:</p> <ul style="list-style-type: none"> Increasing trend in cases or hospitalizations Test positivity >5% 	<p><25 Cases per 100,000</p>
Education Modality	<p>Strongly recommend distance learning w/option for limited in person in small groups/cohorts of students w/highest need (i.e. disabilities, homeless, etc.)*</p>	<p>Recommend distance learning as described above. In addition, consider expanding in person to elementary students*</p> <p>Over time consider adding hybrid in person for middle/high students if limited COVID transmission in school</p>	<p>Encourage full-time in person learning for all elementary students*</p> <p>Over time and if physical space allows, consider full time in person for middle and high schools*</p>
Extracurricular	<p>Strongly recommend postponing all in person extracurricular activities</p>	<p>Strongly recommend postponing all in person extracurricular</p> <p>Consider low risk activities when all students have some level of in person learning</p>	<p>Consider low and moderate risk in person extra curricular activities</p>

When any yes



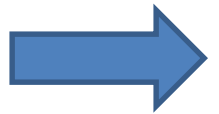
*Regardless of risk level or age of students, in person learning is only recommended when all safety measures are in place (see page 2 and 3)

Step 2: Can the school implement COVID-19 health & safety measures?

Does the school have plans, staff, space and supplies to do the following?

- | | |
|---|--|
| ✓ | Protect staff and students at higher risk for severe COVID-19 while ensuring access to learning |
| ✓ | Transport or facilitate drop off and pick up of students |
| ✓ | Group/Cohort students (required in elementary, recommended for middle/high) to minimize close contacts |
| ✓ | Practice physical distancing of > 6 feet among students and staff |
| ✓ | Promote frequent hand washing or sanitizing |
| ✓ | Promote and ensure face covering use among students and staff |
| ✓ | Improve ventilation |

When
all yes



Step 3: Is the school health system ready to monitor for and respond to suspected and confirmed cases of COVID-19?

COVID-19 cases in the school should be expected. The risk of COVID-19 spreading in schools depends on the ability to quickly identify and response to suspected and confirmed cases and the level of community transmission.

- | | |
|---|---|
| ✓ | Can <u>the school</u> ensure monitoring of symptoms and history of exposure among students and staff (attestation acceptable) |
| ✓ | Is <u>the school</u> prepared to manage students and/or staff who get sick onsite? |
| ✓ | Does <u>the school</u> have letters drafted to inform families and staff about confirmed cases or outbreaks? |
| ✓ | Is there adequate access to testing in the community <u>health</u> system for ill students and staff? |
| ✓ | Is there capacity in <u>your local health department</u> to investigate confirmed COVID-19 cases, quarantine their close contacts and assess whether transmission is occurring in the school? |
| ✓ | Can <u>local public health</u> monitor the level of community spread to determine when a change in education modality is needed? |



When all yes

Begin in person learning model and monitor data

Finding/Calculating the data...

Rate per 100,000 population per 14 days:

1. $100,000 / 22,036$ (population of Pacific County) = 4.53
2. Add up all cases within past 14 days= case count
3. Multiply case count by 4.53 = rate per 100,000/14 days

OR

1. Click here: <https://www.pacificcountycovid19.com/>
2. Scroll down to: “Pacific County Risk assessment” data dashboard
3. Select Pacific County in drop down list
4. Rate per 100,000 listed on “Phase and Risk Assessment” tab
5. To see trend data, click on “COVID-19 Disease Activity” tab





How answering the call stops the spread

You are confirmed COVID Positive



You are asked for information on your recent contacts



Your identity protected



Through contact tracing, the spread of COVID 19 is slowed

A Public Health Nurse and Case Manager are your COVID-19 Support Team during isolation/quarantine.



Reach out to your contacts

Your contacts get the help they need to quarantine

County Data and Case Update	7/22/2020	7/29/2020	8/5/2020	8/12/2020
Confirmed Cases (Total)	26	32	43	55
<i>Confirmed Cases that resided in Pacific County</i>	22	28	37	51
<i>Active Cases (monitored by Public Health)</i>	8	11	19	13
<i>Probable Cases (monitored by Public Health)</i>			6	0
<i>Closed Cases (no longer monitored by Public Health)</i>	18	21	24	42
Hospitalizations	3	6	6	8
Deaths	1	1 (1 pending)	2	2 (1 pending)
Percent Deaths (deaths/confirmed cases)	3.8%	3.1% (6.3%)	4.7%	3.6% (5.5%)
Total Tests	1273 - 1505	1419 - 1787	1525 - 2061	2320
Percent Positive (confirmed cases/total tests)	2.0% - 1.7%	2.3% - 1.8%	2.8% - 2.1%	2.4%
Percent Positive (7 Day Average):		4.1% - 2.6%	10.4% - 4.0%	4.6%
Cases per 100k per 14 days (rolling)	37.0	69.3	69.3	92.7

Updates highlighted

*State Generated Dashboard (<https://www.pacificcounty covid19.com/>). Time lag/Correction.

COVID-19 Definitions

Active: Monitored by Public Health. Timeline varies, usually no more than 14 days.

Confirmed:

- Meets *confirmatory laboratory evidence*: SARS-CoV-2 RNA in a clinical specimen using a molecular amplification detection test.

Probable (most likely will become “Confirmed”):

- Meets clinical criteria (symptoms) AND epidemiologic evidence (exposure) with no confirmatory laboratory testing performed for COVID-19.
- Meets presumptive (antigen, antibody) laboratory evidence AND either clinical criteria OR epidemiologic evidence.
- Meets vital records criteria with no confirmatory laboratory testing performed for COVID-19.

Closed: Discontinuation of Isolation. No longer monitored by Public Health.

Recovered: No standardized definition. Difficult to determine, but most assume an individual has returned to baseline health prior to COVID-19. Not tracked by Public Health.

Quarantine: Used to keep someone who might have been exposed to COVID-19 away from others to limit the disease spread.

Isolation: Separate people infected with the virus (those who are sick with COVID-19 and those with no symptoms) from people who are not infected.

Testing Options

	North County					South County				
Organization	Willapa Harbor Hospital	Shoalwater Bay Medical Clinic (Established Patients)	McCleary Health Mart Pharmacy	Elma/East County Pharmacy	Valley View Health Center (Walk-in Clinic)	Pacific County Drive Through Testing	Clatsop County Health Department	Ocean Beach Hospital (Established Patients)	Family Health Center-North Beach (Established Patients)	Columbia Memorial Hospital
Location / Address	800 Alder Street South Bend, WA 98586	2373 Tokeland Rd, Tokeland, WA 98590	115 W Simpson Ave McCleary, WA 98557	221 West Main St Elma, WA 98541	1800 Cooks Hill Rd Suite G Centralia, WA 98531	701 Washington Ave N, Long Beach, WA 98631	1780 Williamsport Rd Astoria, OR 97103	174 First Ave N, Ilwaco, WA 98624	21610 Pacific Way, Ocean Park, WA 98640	Astoria/Warrenton (multiple locations)
Testing Days/Hours	Monday to Friday 12:00pm to 2:00pm	Call for info/appointment	Register online	Register online	Call for info/appointment	Call for info/appointment	Call for info/appointment	Call for info/appointment	Call for info/appointment	Call for info/appointment
Call Information / Website	360-875-4566	1-800-841-2244	https://www.doineedacovid19test.com/	https://www.doineedacovid19test.com/	360-736-3042	360-642/875-9407	503-325-8500	360-642-3747 Contact Provider	360-665-3000	CMH COVID 19 Hotline: 503-338-4699
Testing Information	No restrictions for Rapid (same day). PCR	Rapid/PCR Provider Decision	PCR	PCR	PCR, Symptomatic, Close Contact	PCR, Symptomatic, Close Contact	PCR, Symptomatic	PCR, Symptomatic, Close Contact Provider Decision	PCR, Symptomatic, Close Contact Provider Decision	Call Hotline

Pacific County CARES Act Grants for Small Businesses

- Up to \$10,000 per small business (each business is eligible for a single grant award)
- Must be physically located inside Pacific County, Washington
- As of March 1, 2020, your small business must employ no more than 20 people
- Applications at: www.co.pacific.wa.us
- DUE DATE: August 28th

Eviction Rental Assistance

Must be below 50% median income AND meet one of the following conditions:

- Rent burdened (50% or more of current is needed to pay rent)
- Previously homeless within last five years (includes couch surfing/double up)
- Eviction history within last seven years.
- Housing disrupted due to race, ethnicity, gender identity, sexual orientation, or religion.
- At risk of severe illness as per CDC (62 or older, underlying condition).
- Disability of any household member. Includes a physical, developmental, mental, or emotional impairment, including impairment caused by alcohol or drug abuse, PTSD or brain injury
- If screening a young adult age 24 or younger, the following criteria can also be used to determine eligibility:
 - Person 24 years old or younger that is pregnant or parenting.
 - Person 24 years old or younger that is a recipient (current or past) from any one of the following: foster care; adoption; mental health; drug, alcohol treatment; court systems.
- United States citizenship is NOT an eligibility requirement of this program.
- Payments to landlords or friend/family can only be up to 80% of total rent due (arrears, current, future) OR the Fair Market Rent rate.

More info? Email: rentassistance@co.pacific.wa.us



Are you feeling stressed from the outbreak?

We provide ...

- Information
- Education
- Emotional support
- Links to resources

Are you interested in talking with someone?

We will have presentations posted on our website on:

- Recognizing common reactions to disasters
- Building coping skills for the recovery process
- Managing disaster-related stress
- Identifying and meeting

We are ...

- Confidential
- Anonymous
- Free
- Available to anyone in the state of Washington

We are available throughout this difficult period contact a support specialist at the contact information below:

Contact Us!
1-833-681-0211
WaListens.net

We are here for YOU.

Useful Links and Resources

Guidance from Office of Superintendent of Public Instruction (OSPI)

<https://www.k12.wa.us/sites/default/files/public/workgroups/Reopening%20Washington%20Schools%202020%20Planning%20Guide.pdf>

OSPI (Schools) Frequently Asked Questions

<https://www.k12.wa.us/sites/default/files/public/communications/Reopening%20Washington%20Schools%20FAQ%20for%20School%20Districts.pdf>

Guidance for business by phase

<https://www.governor.wa.gov/issues/issues/covid-19-resources/covid-19-reopening-guidance-businesses-and-workers>

Overview of Statewide Face Coverings Requirements

https://coronavirus.wa.gov/sites/default/files/2020-07/Overview%20of%20mask%20order_July20.pdf

Decision Tree for Schools Reopening

<https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/DecisionTree-K12schools.pdf>

Washington State Department of Health:

www.coronavirus.wa.gov

Pacific County Health Dept COVID Website:

<https://www.pacificcountycovid19.com>

Reporting violations of safe start plan

<https://app.smartsheet.com/b/form/09349a1c56844b539fea1c2cabd16d56>

LNI COVID-19 Resource Page

<https://www.lni.wa.gov/safety-health/safety-topics/topics/coronavirus>

WA State DOH Hotline:

1-800-525-0127

LNI (Report a Business)

800-423-7233

Liquor Control Board

(360) 664-9878

Next Community Forum:

Wednesday, August 19th at 11:30 (re-occurring)

<https://us02web.zoom.us/j/84282447783>

1-253-215-8782 meeting id:
84282447783#