#### **Local Snapshot**

Pacific County Positive Cases: 4150

New Cases since <u>June 8</u>: 61

Pacific County Cases over 14 Days: 103
Pacific County Hospitalizations to Date: 172

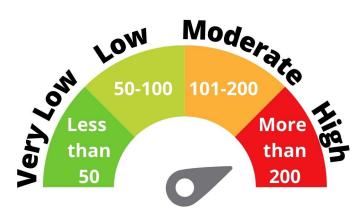
New Hospitalizations this week:2

Pacific County Deaths: 58

New Pacific County Deaths this week: 0

Case rate per 100k/14 days: 475

## Transmission Risk is High



Current case rate per a 100k population is 475. The Two-Week case rate in Pacific County is: HIGH.

- When case rates are moderate or high, it's a good idea to keep masking in indoor settings to protect vourself and others.
- When case rates fall below 100 per 100,000 it is safer for most people to begin unmasking in indoor spaces.
- For those at high risk of severe illness from COVID-19 or those with household members at high risk, recommend continuing to wear masks until case rates are very low (<50/100,000).

#### Statewide Data Updates

For the most recent number of cases by county, demographics, and more, visit the <u>Department of Health's</u> dashboard.

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#### **COVID Testing Clinics Next Week**

Pacific County Health Department 1216 West Robert Bush Drive, South Bend (360) 875-9407

Appointments available from 10-1 on Wednesdays

By Appointment Only

For symptomatic or close contacts only

Sign-up for an appointment: <a href="https://hipaa.jotform.com/220736299131052">https://hipaa.jotform.com/220736299131052</a>

Pacific County Health Department 7013 Sandridge Road, Long Beach (360) 875-9407 Appointments available from 10-1 on Wednesdays

By Appointment Only

For symptomatic or close contacts only

Sign-up for an appointment: https://hipaa.jotform.com/220276330543044

Willapa Harbor Hospital

826 Alder Street South Bend

Weekend walk in clinic 9:00am-9:00pm

Weekend clinic is walk-in and requires a doctor visit to test symptomatic patients only. Please remain in vehicle upon arrival and call 360-875-5579

Warrenton Walgreens
PCR testing by appt.
1600 East Harbor
www.walgreens.com/findcare/covid19/testing

**-**

#### Booster dose recommendations by age and underlying illnesses

- Children ages 5-11 should receive a booster dose five months after completing their primary vaccine series of Pfizer-BioNTech vaccine. Immunocompromised children should receive their booster at least three months after their primary series.
- Everyone 12 and older should receive a booster dose five months after completing their primary vaccine series of Pfizer or Moderna, or two months after receiving the single-shot Johnson & Johnson (J&J) vaccine.
- Those 18 and older who received a primary vaccine and booster dose of the J&J vaccine four months ago can receive a second booster dose of an mRNA COVID-19 vaccine
- Everyone 50 and older should receive a second booster dose four months after receiving their first booster dose.
- Individuals 12 and older who are <u>moderately or severely immunocompromised</u> should receive a **second booster** dose four months after receiving their first booster dose.

**Effective anti-COVID drug available in Washington for eligible patients.** Thousands of doses of Evusheld, a potentially life-saving COVID-19 drug, are available in our state. Evusheld could benefit those who are at highest risk for hospitalization and death from COVID-19. Read the full April 4 news release.

#### **COVID VACCINE Clinics**

Below are the upcoming COVID-19 vaccine clinics in Pacific County. You can also visit our website at: www.pacificcountycovid19.com

Pacific County Health Department **MODERNA**Ages 18+
Boosters Available
Tuesday June 21<sup>st</sup>
7013 Sandridge Rd.
Long Beach, WA 98631

Register for an appointment at: <a href="https://prepmod.doh.wa.gov//appointment/en/reg/0361509292">https://prepmod.doh.wa.gov//appointment/en/reg/0361509292</a>

Or call (360) 875-9407

Ilwaco Pharmacy
Ages 5+
Boosters Available
Tuesdays and Wednesdays- 10:00 am-1:30 pm
Ilwaco Pharmacy
101 First Ave. S
www.covidvaccine360.com

Ocean Beach Hospital

Ages 12+

**Boosters Available** 

Tuesdays

Ilwaco Timberland Library Community Room 158

1st Ave N

Ilwaco WA 98624

Entrance on Left hand side

https://prepmod.doh.wa.gov//appointment/en/reg/9961650102

Raymond Pharmacy

Ages 5+

**Boosters Available** 

Thursdays only- 10:30 am-1:30 pm

Raymond Pharmacy

515 Commercial St., Raymond, WA

www.raymondcovidvaccine.com

Family Health Center Klipsan (Moderna)

Ages 18+

No Boosters

On-going for established patients, by appointment

21610 Pacific Way, Klipsan, WA

Established patients please call 360-665-3000 to schedule an appointment

Valleyview Health Center (Moderna)

Ages 18+

No Boosters

On-going for established patients, by appointment

300 Ocean Ave., Raymond

Established patients please call 360-942-3040 to schedule an appointment

Shoalwater Bay Wellness at the Clinic (Moderna)

Ages 18+

**Boosters Available** 

By appointment on open Fridays

2373 Old Tokeland Rd

Tokeland, WA

Call 360-267-0119 to schedule an appointment

#### Free N95 Masks!

Available at any Timberland Regional Library or Health Department location.

#### Free At-Home COVID-19 Tests & N95 Masks

#### Pick yours up today!

- Naselle Library
- South Bend Library
- Raymond Library
- Ocean Park Library
- Ilwaco Library
- Pacific County Health Dept (Long Beach or South Bend Office)
- Olympic Area Agency on Aging
- City of Long Beach
- Shoalwater Clinic





**Get a vaccine, exposure notifications, COVID-19 testing, and proof of vaccination.** Use the DOH <u>vaccine locator</u> to help end the pandemic. Next, get <u>WA Notify</u> so you'll know if you've been near another WA Notify user who later tests positive for COVID-19. For K-12 students, staff, and parents/guardians, learn more about our <u>partnership that helps schools provide easy COVID-19 testing on site</u>. Once vaccinated, you can provide your vaccination status using <u>WA Verify</u>.

The Pacific County Emergency Operations Center is Open Monday - Friday, 8:00am - 4:00pm Please give us a call with any COVID-19 related questions or concerns.

North County: (360) 875-9407 / South County: (360) 642-9407.

If you are experiencing a medical, or, other type of emergency, please contact 9-1-1 immediately. If no one is available to take your call during regular business hours please leave a message and someone will get back to you within 3 business days.

The state COVID-19 Assistance Hotline is a general information line related to COVID-19. If you need information or have a general question, call 1-800-525-0127, then press # or text 211-211 for help. New hours of operation are 6 a.m. to 10 p.m. Monday, and 6 a.m. to 6 p.m. Tuesday through Sunday and on observed state holidays. You can also text the word "Coronavirus" to 211-211 to receive information and updates on your phone wherever you are. You will receive links to the latest information on COVID-19, including county-level updates, and resources for families, businesses, students, and more.

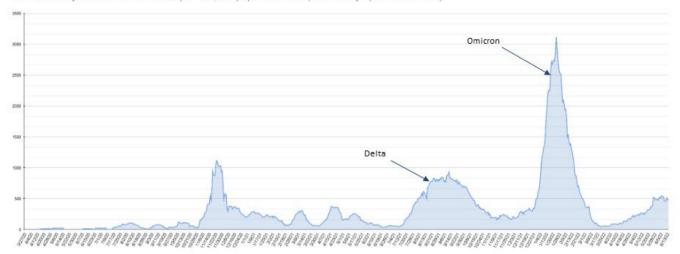
Washington Listens helps people manage stress and anxiety they may be experiencing because of COVID-19. If you or anyone you know is having difficulties managing stress, call the Washington Listens support line at 1-833-681-0211. Hours are from 9 a.m. to 9 p.m. Monday through Friday, and 9 a.m. to 6 p.m. Saturdays and Sundays. TTY and language access services are available by using 7-1-1 or their preferred method. See resources and self-help tips from Washington Listens.

# Pacific County Weekly COVID 19 Case Data

Pacific County Case Data Summary	6/1/2022	6/8/2022	6/15/2022
Cases (Total)	4047	4089	4150
New cases this week	67	42	61
New cases over 14 days	113	109	103
Total Hospitalizations	169	170	172
New hospitalizations this week	2	1	2
Deaths (total)	57	58	58
Case rate per 100,000 population over 14 days	490	517	475

Updated 6/15/2022

Pacific County COVID-19 Case Rate per 100,000 population over past 14 days (trend over time)



Updated 6/15/2022

\*DOH will be updating the "COVID-19 Cases, Hospitalizations, and Deaths by Vaccination Status" report every two weeks moving forward.\*

# COVID-19 Cases, Hospitalizations, and Deaths by Vaccination Status Washington State Department of Health

June 8, 2022

#### Unvaccinated 12-34 year-olds in Washington are

- 1.9 times more likely to get COVID-19 compared with fully vaccinated 12-34 year-olds.
- 3.1 times more likely to be hospitalized with COVID-19 compared with fully vaccinated 12-34 year olds.

#### Unvaccinated 35-64 year-olds are

- 2.1 times more likely to get COVID-19 compared with fully vaccinated 35-64 year-olds.
- 3.7 times more likely to be hospitalized with COVID-19 compared with fully vaccinated 35-64 year olds.

#### Unvaccinated 65+ year-olds are

- 3.6 times more likely to get COVID-19 compared with fully vaccinated 65+ year-olds.
- 3.8 times more likely to be hospitalized with COVID-19 compared with fully vaccinated 65+ year-olds.
- 4.1 times more likely to die of COVID-19 compared with fully vaccinated 65+ year-olds.

https://doh.wa.gov/sites/default/files/2022-02/421-010-CasesInNotFullyVaccinated.pdf?uid=62a0c87f36cce

6/8/2022	6/15/2022
68.6%	68.6%
61.4%	61.5%
77.2%	77.3%
69.4%	69.5%
71.6%	71.7%
64.1%	64.2%
54.9%	55.0%
37,632	37,802
	68.6% 61.4% 77.2% 69.4% 71.6% 64.1%

Updated 6/15/2022

Case Rate by Zip Code	6/8/2022	6/15/2022
Bay Center (98527)	38	38
Chinook (98614)	58	59
Ilwaco (98624)	193	197
Long Beach (98631)	517	522
Lebam (98554)	16	16
Naselle (98638)	256	257
Nahcotta (98637)	7	7
Menlo (98561)	9	9
Ocean Park (98640)	556	570
Oysterville (98641)	12	12
Seaview (98644)	106	109
Raymond (98577)	1562	1583
South Bend (98586)	524	529
Tokeland (98590)	47	49
Grayland (98547)	54	59
Incomplete data	134	134

# Pacific County Cases by Zip Code

- Confirmed case count is specific to each zip code.
- Represents permanent residence of Pacific County COVID-19 cases.
- Not a representation of where COVID-19 exposure or transmission occurred.

Updated 6/15/2022

# Pacific County COVID-19 Cases by Age Group

Age	5/25/2022	6/1/2022	6/8/2022	6/15/2022
0-9	362	365	366	369
10-19	651	657	661	667
20-29	443	445	450	457
30-39	594	599	603	606
40-49	520	528	531	539
50-59	476	489	491	501
60-69	447	457	469	478
70+	453	473	484	499
Incomplete data	34	34	34	34

Updated 6/15/2022

Download printable copies at: <a href="http://www.pacificcountycovid19.com/if-you-have-covid-19.html">http://www.pacificcountycovid19.com/if-you-have-covid-19.html</a>







#### COVID-19 **Home Testing**

#### When to use your COVID-19 At Home Test:

- If you are testing before a gathering, test right before the gathering, or as

close to the event as possible.
ase read the test instructions or watch the video b https://www.youtube.com/watch?v=qBt\_H4Gc-rU



#### Reporting your positive results:

\*Do not report negative results.

While we don't require individuals to report their at-home COVID-19 test results, we highly recommend people to do so, and to let close contacts know virus is affecting you and your community.

- . Report online using the QR code or directly at: www.pacificcountycovid19.com/reporthometest

  Call us at: (360) 875-9407

Use WA Notify to alert other users that they may have been exposed. https://www.doh.wa.gov/Emergencies/COVID19/WANotify





Getting a COVID-19 vaccine after you recover from COVID-19 infection provides added protection for your immune system
You are eligible to receive a COVID-19 vaccine (or booster) once you have fully recovered from your COVID-19 infection. Schedule an appointment at:

www.pacificcountycovid19.com/get-vaccinated

Have more questions? Call us at (360) 875-9407 or visit: www.pacificcountycovid19.com



#### Pruebas de hogar para el COVID-19

#### Cuando usar la prueba de detección de COVID-19 para el hogar:

- Cuando tenga síntomas del COVID-19, como fiebre o tos, hágas inmediato.
- inmediato.

  Cuando tenga contacto cercano con una persona que este positivo para el COVID19, espero al menos 5 días para realizarse la prueba.

  Cuando se realice la prueba para una reunión, hágase la prueba antes del evento,

https://www.youtube.com/watch?v=yGbwl7uFPvY



#### Como reportar un resultado positivo de COVID-19:

\*No reporte un resultado negativo.

Aunque no es un requisito reportar su resultado positivo de COVID-19 de una prueba echa en casa, es recomendado que lo haga, y de hacerle saber a sus contactos cercanos de una posible exposición. Una respuesta honesta de su parte nos ayuda a entender como lo afecta el virus y como afecta a la comunidad.

Onciones para reportar una prueha de casa:

- · Repórtelo en línea usando el código de QR o directamente en: www.pacificcountycovid19.com/reporthometest
- Llámenos al: (360) 875-9407

Usa Notifica WA para alertar a otros usuarios sobre una posible exposición.





Después de su infección de COVID-19 póngase la vacuna para proteger aún más su sistema inmunológico. Usted es elegible para recibir una vacuna del COVID-19 (o vacuna de refuerzo) cuando este recuperado de su infección de COVID-19.

www.pacificcountycovid19.com/get-vaccinated



Si tiene preguntas? Llámenos al (360) 875-9407 o visite: www.pacificcountycovid19.com





#### Home care for COVID-19: Guide for family and caregivers













Do not allow visitors and try to avoid close contact (less than 1 metre) with the person with COVID-19 infection.















The person with COVID-19 infection should rest, drink plenty of fluids and est publish





Monitor the person with COVID-19 infection's symptoms regularly. Call your healthcare provide immediately if you see any of these danger signs:

- Difficulty breathing

- Loss of speech or mobility

#### In some people there is a risk of more severe COVID-19. A pulse oximeter can be used to monitor oxygen levels.

- High risk factors include:

  age 60 and over

  hypertension

  diabetes

  cardiac disease

  chronic lung disease

  cerebrovascular disease

  dementia
- During pregnancy, women over the age of 35, obesity, and chronic conditions are also high risk factors.

   If the oxygen level is between 90-94%, reach out to your health care provider for further guidance.

People who are infected with the **COVID-19 virus** and have any of these risk factors should be closely monitored by a health provider.

- - If the oxygen level on the screen is less than 90%, call for emergency help.

  - For children, if the oxygen level is less than 90% plus a cough, difficulty breathing, inability to breastfeed or drink, lethargy or unconsciousness, or convulsions, call for emergency help.

Tested positive? Report using the QR code below:



# Symptomatic and School Should the student or staff member go to school?

Spring illnesses and allergies along with COVID are in full swing right now. It is important to take any symptoms students or staff may be experiencing seriously, and not let them come to the school right away. Even though we are getting back to a more "normal" life, we still must remain vigilant when it comes to COVID and other illnesses. Below is a guide on what to do if someone is experiencing COVID-like symptoms:

# If an individual has one or more of the following symptoms:

- Fever (100.4F or above) or chills
- Shortness of breath or difficulty breathing
- Muscle or body aches
- New loss of taste or smell
- Cough (New, changed or worsening)
- Congestion or runny nose
- Nausea, vomiting, or diarrhea
- Headache
- Fatique
- Sore throat



If these symptoms are present, the individual is asked to **stay home and** test for COVID-19.

Testing is not just for one person's sake, but also for the sake of others around them.

\*Free tests are readily available at your child's school, Pacific County Health Department, and county libraries.\*

#### Students and staff can return back to childcare programs, activities, or school after:

#### If they tested positive:

- 5 days have passed since symptoms started AND
- No fever within the past 24 hours without medication AND
- Symptoms have significantly improved AND
- Wear a mask around others at ALL times from symptom onset until 10 days after (you must test NEGATIVE with an antigen test to return without a mask). If the staff member or student cannot wear a mask due to other health reasons, they need to remain isolating through day 10 since symptoms began

#### If they tested negative:

- No fever within the past 24 hours (without medication) AND
- Symptoms have significantly improved



If a staff member or student has been identified as a close contact, they may continue to go to the school. However, it is recommended that they get tested 3-5 days after the exposure, wear a mask for 10 days, and watch for symptoms during those 10 days. If they test positive after exposure, please follow the guidelines

Please report any positive cases to Pacific County Health Department using the QR code or link provided https://hipaa.jotform.com/220324575452048.

¿Dio positivo? Informe usando el código QR a continuación:

## Siendo Síntomatico y Escuela ¿Crees que deberían ir a la escuela los estudiantes y empleados?



Las enfermedades y alergias de primavera llegaron, teniendo en cuenta que COVID-19 está en pleno apogeo en el momento. Es importante considerar seriamente tomando en cuenta si los estudiantes o empleados están experimentando un síntoma, y no dejándolos ir a trabajar de inmediato. Aun que estemos regresando a nuestras vidas "normales", aun estaremos pendiente por si viene el COVID-19 u otras enfermedades. Debajo hay una guía, para saber que hacer si alguien experimenta un síntoma parecido al COVID-19:

## Si un individuo tiene uno de los siguientes síntomas:

- Fiebre (100,4F u arriba) u escalofríos
- Falta de allento o Dificultad para respirar
- Cuerpo cortado o Dolores Musculares
- Tos (Síntoma nuevo, Cambio o Peor)
- Congestión nasal o nariz escurridiza
- Nausea, Vomito o Diarrea
- Dolor de Cabeza
- Fatiga
- Dolor de Garganta



Si estos síntomas se presentan, y el individuo pregunta si puede quedarse en casa para después hacerse una prueba de COVID-19. La prueba no solo será para la salud del individuo, sino para la salud de los demás y de la gente que está a su alrededor.

\*Las pruebas serán gratuitas y disponibles en las escuelas de sus hijos, en el Departamento de Salud del Condado del Pacifico, y las Bibliotecas del Condado.\*

Los estudiantes y empleados pueden regresar a sus programas de childcare, actividades o a la escuela después de:

### Si prueban positivo:

- Después de los 5 Dias de su primer síntoma &
- No fiebre dentro de las últimas 24 horas sin medicamento &
- · Superado significantemente los síntomas &
- Usar su cubrebocas alrededor de otros en TODO momento de su último síntoma, en los últimos 10 dias (Debes salir NEGATIVO con una prueba antigen para poder regresar sin cubrebocas). Si los empleados o estudiantes no pueden usar cubrebocas debido a sus condiciones de salud, ellos serán sometidos a aislamiento durante 10 Dias desde que iniciaron sus síntomas.

#### Si prueban negativo:

- Sin fiebre dentro de las ultimas 24 horas (sin medicamento) &
- Si los síntomas se fueron completamente



Si un empleado o estudiante se han identificado como contacto cercano, ellos podrán continuar en la escuela. Aun que se recomienda que ellos prueben entre los 3-5 Dias después de ser expuesto, y usando cubrebocas durante 10 días, y ver si tienen síntomas en los siguientes 10 días. Si dan positivo después de ser expuesto, por favor sigan las regulaciones arriba.

Por favor reporte cualquiera prueba positiva en el Departamento de Salud del Condado del Pacifico usando los codigos QR o el link proporcionado: https://hipaa.jotform.com/220324575452048.

# **COVID-19 Treatment Options**

If you are high risk of severe illness due to COVID-19 (as defined below), call your provider to see if you are eligible!

Key points to know:

- Monoclonal antibody treatments (mAB) and oral antiviral medications are available in Pacific County
- Medical provider order is required
- Treatments are most effective if administered within the first few days of disease (the earlier the better)
- Those who are high risk due to age or certain underlying health conditions are eligible. Talk to your provider to see if they are right for you!

More information: <a href="https://www.cdc.gov/coronavirus/2019-ncov/your-health/treatments-for-severe-illness.html">https://www.cdc.gov/coronavirus/2019-ncov/your-health/treatments-for-severe-illness.html</a>

**END STATUS REPORT**