Local Snapshot

Pacific County Positive Cases: 4247

New Cases since June 15: 63

Pacific County Cases over 14 Days: 97

Pacific County Hospitalizations to Date: 173

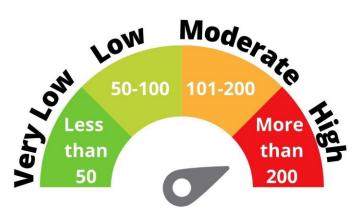
New Hospitalizations this week:0

Pacific County Deaths: 58

New Pacific County Deaths this week: 0

Case rate per 100k/14 days: 448

Transmission Risk is High



Current case rate per a 100k population is 448. The Two-Week case rate in Pacific County is: HIGH.

- When case rates are moderate or high, it's a good idea to keep masking in indoor settings to protect vourself and others.
- When case rates fall below 100 per 100,000 it is safer for most people to begin unmasking in indoor spaces.
- For those at high risk of severe illness from COVID-19 or those with household members at high risk, recommend continuing to wear masks until case rates are very low (<50/100,000).

Statewide Data Updates

For the most recent number of cases by county, demographics, and more, visit the <u>Department of Health's dashboard</u>.

The Washington State Department of Health has begun reporting "Percent of population 6 months + initiating/full vaccinated", which has replaced the "5 years+" categories shared in previous weekly data updates. The Department of Health is also having technical issues with the "Percent of Population 16+ initiating/fully vaccinated." This is why these percentages are unavailable this week. We apologize for the inconvenience and will continue to update you as they work to resolve this issue.

Information about the increasing proportions of Omicron BA.4 and BA.5 has also been included in this week's data update to help keep you updated about the current trends found with both.

COVID Testing Clinics Next Week

Pacific County Health Department 1216 West Robert Bush Drive, South Bend (360) 875-9407

Appointments available from 10-1 on Wednesdays

By Appointment Only

For symptomatic or close contacts only

Sign-up for an appointment: https://hipaa.jotform.com/220736299131052

Pacific County Health Department 7013 Sandridge Road, Long Beach (360) 875-9407 Appointments available from 10-1 on Wednesdays By Appointment Only For symptomatic or close contacts only

Sign-up for an appointment: https://hipaa.jotform.com/220276330543044

Peninsula Pharmacies
Long Beach Testing Site
101 Bolstad Ave Space #2
Long Beach, WA 98631
360 244 0606
Appointments available from 8A-10A
Testing by appointment only
Sign up for appointment:
https://www.covidtest360.com/

Willapa Harbor Hospital 826 Alder Street South Bend Weekend walk in clinic 9:00am-9:00pm

Weekend clinic is walk-in and requires a doctor visit to test symptomatic patients only. Please remain in vehicle upon arrival and call 360-875-5579

Warrenton Walgreens
PCR testing by appt.
1600 East Harbor
www.walgreens.com/findcare/covid19/testing

Booster dose recommendations by age and underlying illnesses

- Children ages 5-11 should receive a booster dose five months after completing their primary vaccine series of Pfizer-BioNTech vaccine. Immunocompromised children should receive their booster at least three months after their primary series.
- Everyone 12 and older should receive a booster dose five months after completing their primary vaccine series of Pfizer or Moderna, or two months after receiving the single-shot Johnson & Johnson (J&J) vaccine.
- Those 18 and older who received a primary vaccine and booster dose of the J&J vaccine four months ago can receive a second booster dose of an mRNA COVID-19 vaccine
- Everyone 50 and older should receive a second booster dose four months after receiving their first booster dose.

• Individuals 12 and older who are <u>moderately or severely immunocompromised</u> should receive a **second booster** dose four months after receiving their first booster dose.

Effective anti-COVID drug available in Washington for eligible patients. Thousands of doses of Evusheld, a potentially life-saving COVID-19 drug, are available in our state. Evusheld could benefit those who are at highest risk for hospitalization and death from COVID-19. Read the full April 4 news release.

COVID VACCINE Clinics

Below are the upcoming COVID-19 vaccine clinics in Pacific County. You can also visit our website at: www.pacificcountycovid19.com

Columbia Memorial Hospital Pediatric Clinic Ages 6 months to 5 years No Boosters July 15th 2pm-5:30pm CMH Pediatric Clinic Astoria, OR

https://www.columbiamemorial.org/vaccine-

clinic/?fbclid=IwAR2ynj XpMdTT0vbzfosoH4jPgwYMUr8cD6ZY0 wTSIjr2aji6gnnXLxJLQ

Pacific County Health Department MODERNA

Ages 18+

Boosters Available

Tuesday, July 15th 11am-1pm

Register for an appointment at: https://prepmod.doh.wa.gov//appointment/en/reg/1629994850

Or call (360) 875-9407

Ilwaco Pharmacy
Ages 5+
Boosters Available
Tuesdays and Wednesdays- 10:00 am-1:30 pm
Ilwaco Pharmacy
101 First Ave. S
www.covidvaccine360.com

Ocean Beach Hospital Ages 12+ Boosters Available Tuesdays

Tabbaayo

Ilwaco Timberland Library Community Room 158

1st Ave N

Ilwaco WA 98624

Entrance on Left hand side

https://prepmod.doh.wa.gov//appointment/en/reg/8956405129

Raymond Pharmacy Ages 5+ Boosters Available Thursdays only- 10:30 am-1:30 pm Raymond Pharmacy 515 Commercial St., Raymond, WA www.raymondcovidvaccine.com

Family Health Center Klipsan (Moderna)
Ages 18+
No Boosters
On-going for established patients, by appointment
21610 Pacific Way, Klipsan, WA
Established patients please call 360-665-3000 to schedule an appointment

Valleyview Health Center (Moderna)
Ages 18+
No Boosters
On-going for established patients, by appointment
300 Ocean Ave., Raymond
Established patients please call 360-942-3040 to schedule an appointment

Shoalwater Bay Wellness at the Clinic (Moderna)
Ages 18+
Boosters Available
By appointment on open Fridays
2373 Old Tokeland Rd
Tokeland, WA
Call 360-267-0119 to schedule an appointment

Free N95 Masks!

Available at any Timberland Regional Library or Health Department location.

Free At-Home COVID-19 Tests & N95 Masks

Pick yours up today!

- Naselle Library
- South Bend Library
- Raymond Library
- Ocean Park Library
- Ilwaco Library
- Pacific County Health Dept (Long Beach or South Bend Office)
- Olympic Area Agency on Aging
- City of Long Beach
- Shoalwater Clinic





Get a vaccine, exposure notifications, COVID-19 testing, and proof of vaccination. Use the DOH vaccine locator to help end the pandemic. Next, get WA Notify so you'll know if you've been near another WA Notify user who later tests positive for COVID-19. For K-12 students, staff, and parents/guardians, learn more about our partnership that helps schools provide easy COVID-19 testing on site. Once vaccinated, you can provide your vaccination status using WA Verify.

The Pacific County Emergency Operations Center is Open Monday - Friday, 8:00am - 4:00pm Please give us a call with any COVID-19 related questions or concerns.

North County: (360) 875-9407 / South County: (360) 642-9407.

If you are experiencing a medical, or, other type of emergency, please contact 9-1-1 immediately. If no one is available to take your call during regular business hours please leave a message and someone will get back to you within 3 business days.

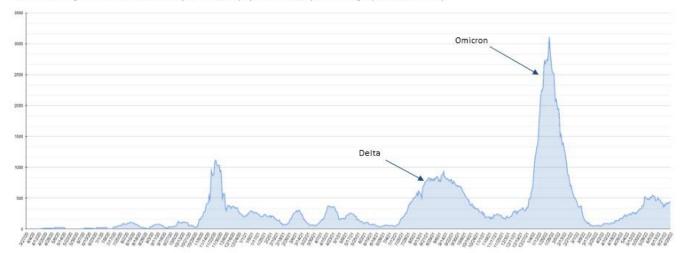
The state COVID-19 Assistance Hotline is a general information line related to COVID-19. If you need information or have a general question, call 1-800-525-0127, then press # or text 211-211 for help. New hours of operation are 6 a.m. to 10 p.m. Monday, and 6 a.m. to 6 p.m. Tuesday through Sunday and on <u>observed state holidays</u>. You can also text the word "Coronavirus" to 211-211 to receive information and updates on your phone wherever you are. You will receive links to the latest information on COVID-19, including county-level updates, and resources for families, businesses, students, and more.

Washington Listens helps people manage stress and anxiety they may be experiencing because of COVID-19. If you or anyone you know is having difficulties managing stress, call the Washington Listens support line at 1-833-681-0211. Hours are from 9 a.m. to 9 p.m. Monday through Friday, and 9 a.m. to 6 p.m. Saturdays and Sundays. TTY and language access services are available by using 7-1-1 or their preferred method. See resources and self-help tips from Washington Listens.

Pacific County Weekly COVID 19 Case Data

Pacific County Case Data Summary	6/15/2022	6/22/2022	6/29/2022
Cases (Total)	4150	4184	4247
New cases this week	61	34	63
New cases over 14 days	103	95	97
Total Hospitalizations	172	173	173
New hospitalizations this week	2	1	0
Deaths (total)	58	58	58
Case rate per 100,000 population over 14 days	475	379	448

Pacific County COVID-19 Case Rate per 100,000 population over past 14 days (trend over time)



Updated 6/29/2022

DOH will be updating the "COVID-19 Cases, Hospitalizations, and Deaths by Vaccination Status" report every two weeks moving forward.

COVID-19 Cases, Hospitalizations, and Deaths by Vaccination Status Washington State Department of Health

June 22, 2022

Unvaccinated 12-34 year-olds in Washington are

- 1.9 times more likely to get COVID-19 compared with fully vaccinated 12-34 year-olds.
- 2.9 times more likely to be hospitalized with COVID-19 compared with fully vaccinated 12-34 year olds.

Unvaccinated 35-64 year-olds are

- 2.1 times more likely to get COVID-19 compared with fully vaccinated 35-64 year-olds.
- 3.7 times more likely to be hospitalized with COVID-19 compared with fully vaccinated 35-64 year olds.

Unvaccinated 65+ year-olds are

- 3.1 times more likely to get COVID-19 compared with fully vaccinated 65+ year-olds.
- 3.6 times more likely to be hospitalized with COVID-19 compared with fully vaccinated 65+ year-olds.
- 3.9 times more likely to die of COVID-19 compared with fully vaccinated 65+ year-olds.

https://doh.wa.gov/sites/default/files/2022-02/421-010-CasesInNotFullyVaccinated.pdf?uid=62bcc8a3e0e22

Pacific County Vaccine Rates: Initiation & Fully Vaccinated	6/22/2022	6/29/2022
Percent of total population initiating vaccine	68.7%	68.8%
Percent of total population fully vaccinated	61.5%	61.7%
Percent of population 16+ initiating vaccine	77.3%	N/A
Percent of population 16+ fully vaccinated	69.6%	N/A
Percent of the population 6 months + initiating vaccine	N/A	69.0%
Percent of the population 6 months + who are fully vaccinated	N/A	61.9%
Percent of the eligible population who has received a booster	55.1%	54.6%
Total doses given (initial series and boosters)	37,909	38,045

Updated 6/29/2022

Case Rate by Zip Code	6/22/2022	6/29/2022
Bay Center (98527)	38	38
Chinook (98614)	63	63
Ilwaco (98624)	197	200
Long Beach (98631)	523	525
Lebam (98554)	16	16
Naselle (98638)	98638) 260	
Nahcotta (98637)	7	8
Menlo (98561)	to an even discovere Sill to your	
Ocean Park (98640)	575	585
Oysterville (98641)	12	12
Seaview (98644)	110	112
Raymond (98577)	1593	1617
South Bend (98586) 535		539
Tokeland (98590)	53	53
Grayland (98547)	59	65
Incomplete data	134	134

Pacific County Cases by Zip Code

- Confirmed case count is specific to each zip code.
- Represents permanent residence of Pacific County COVID-19 cases.
- Not a representation of where COVID-19 exposure or transmission occurred.

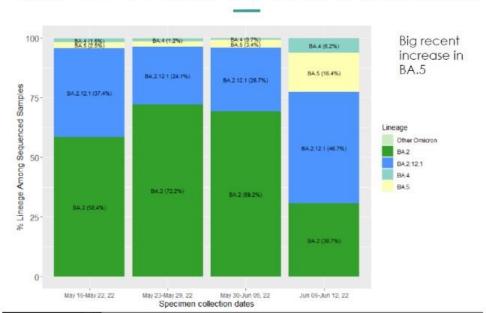
Updated 6/29/2022

Pacific County COVID-19 Cases by Age Group

Age	6/8/2022	6/15/2022	6/22/2022	6/29/2022
0-9	366	369	369	371
10-19	661	667	671	674
20-29	450	457	458	462
30-39	603	606	609	615
40-49	531	539	545	551
50-59	491	501	509	520
60-69	469	478	483	493
70+	484	499	506	527
Incomplete data	34	34	34	34

Updated 6/29/2022

SARS-CoV-2 Variant Proportions in Washington COVID-19 Omicron



COVID-19 Omicron Variant Update

There has been an increase in the proportion of Omicron BA.4 and a large increase in Omicron BA.5. These are still considered less severe infections compared to the Delta variant, but do carry the increased transmissibility that has been associated with the Omicron variant. Initial findings for BA.4 and BA.5 suggest an increased ability to evade immune response from both vaccinations and prior infections. This is most likely why we are continuing to see an increased number of cases.





Download printable copies at: http://www.pacificcountycovid19.com/at-home-testing.html



COVID-19 **Home Testing**

When to use your COVID-19 At Home Test:

- If you have COVID-19 symptoms, like a fever or cough, test right away.
 If you were a close contact of someone with COVID-19, wait at least 5 days to
- If you are testing before a gathering, test right before the gathering, or as close to the event as possible.

https://www.youtube.com/watch?v=qBt_H4Gc-rU

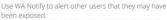


Reporting your positive results:

While we don't require individuals to report their at-home COVID-19 test results, we highly recommend people to do so, and to let close contacts know about potential exposure. Your honest responses help us understand how the virus is affecting you and your community.

Options to report an at home test:

- Report online using the QR code or directly at: www.pacificcountycovid19.com/reporthometest
- Call us at: (360) 875-9407



https://www.doh.wa.gov/Emergencies/COVID19/WANotify



Getting a COVID-19 vaccine after you recover from COVID-19 infection provides added protection for your immune system once you have fully recovered from your COVID-19 infection.

www.pacificcountycovid19.com/get-vaccinated







Pruebas de hogar para el COVID-19

Cuando usar la prueba de detección de COVID-19 para el hogar:

· Cuando tenga sintomas del COVID-19, como fiebre o tos, hágase la prueba de

. Cuando tenga contacto cercano con una persona que este positivo para el COVID-

https://www.youtube.com/watch?v=yGbwl7uFPvY



Como reportar un resultado positivo de COVID-19:

No reporte un resultado negativo.

Aunque no es un requisito reportar su resultado positivo de COVID-19 de una prueba echa en casa, es recomendado que lo haga, y de hacerle saber a sus contactos cercanos de una posible exposición. Una respuesta honesta de su parte nos ayuda a entender como lo afecta el virus y como afecta a la comunidad.

Opciones para reportar una prueba de casa: • Repórtelo en línea usando el código de QR o directamente en:



www.pacificcountycovid19.com/reporthometest
Llámenos al: (360) 875-9407

Usa Notifica WA para alertar a otros usuarios sobre https://www.doh.wa.gov/Emergencies/COVID19/WANotify/Spanish



Después de su infección de COVID-19 póngase la vacuna para proteger aún más su sistema inmunológico. Usted es elegible para recibir una vacuna del COVID-19 (o vacuna de refuerzo) cuando este recuperado de su infección de COVID-19.



www.pacificcountycovid19.com/get-vaccinated

¿Si tiene preguntas? Llámenos al (360) 875-9407 o visite: www.pacificcountycovid19.com





Home care for COVID-19: Guide for family and caregivers



Identify one household member to be the caregiver. The caregiver should have no high risk factors and the fewest contacts with people outside.



Prepare a separate room or isolated space for the person with COVID-19 infection.



Open a window(s) to improve ventilation and increase the circulation of fresh air.



Do not allow visitors and try to avoid close contact (less than 1 metre) with the person with COVID-19 infection.



Everyone should wear a medical mask when in the same room with the person with COVID-19 infection.



Clean hands frequently using soap and water or an alcohol-based hand sanitizer.



Clean and disinfect frequently touched surfaces, especially those touched by the person with COVID-19 infection.



Use separate dishes, cups, eating utensils and bedding from the person with COVID-19 infection.



The person with COVID-19 infection should rest, drink plenty of fluids, and eat nutritious food; continue any medication for chronic conditions.



Take paracetamol/ acetominophen for fever and/or body pain according to instructions. Antibiotics are not effective against COVID-19 infection.



Monitor the person with COVID-19 infection's symptoms regularly. Call your healthcare provider immediately if you see any of these danger signs:

- · Difficulty breathing
- · Chest pain
- Confusion
- · Loss of speech or mobility

In some people there is a risk of more severe COVID-19.

High risk factors include:

- age 60 and over
- hypertensiondiabetes
- cardiac disease
- chronic lung disease
- cerebrovascular disease
- dementia

- mental disorders
- chronic kidney disease
- immunosuppression (including HIV)
- obesity
- cancer

A pulse oximeter can be used to monitor oxygen levels.



- For people with high risk factors, check oxygen levels twice a day and report results to a health provider.
- · Follow instructions on how to appropriately use the device.
- If the oxygen level on the screen is less than 90%, call for emergency help.
- If the oxygen level is between 90-94%, reach out to your health care provider for further guidance.
- For children, if the oxygen level is less than 90% plus a cough, difficulty breathing, inability to breastfeed or drink, lethargy or unconsciousness, or convulsions, call for emergency help.

During pregnancy, women over the age of 35, obesity, and chronic conditions are also high risk factors.

People who are infected with the **COVID-19 virus** and have any of these risk factors should be closely monitored by a health provider.

Tested positive? Report using the QR code below:



Symptomatic and School Should the student or staff member go to school?

Spring illnesses and allergies along with COVID are in full swing right now. It is important to take any symptoms students or staff may be experiencing seriously, and not let them come to the school right away. Even though we are getting back to a more "normal" life, we still must remain vigilant when it comes to COVID and other illnesses. Below is a guide on what to do if someone is experiencing COVID-like symptoms:

If an individual has one or more of the following symptoms:

- Fever (100.4F or above) or chills
- Shortness of breath or difficulty breathing
- Muscle or body aches
- New loss of taste or smell
- Cough (New, changed or worsening)
- Congestion or runny nose
- Nausea, vomiting, or diarrhea
- Headache
- Fatique
- Sore throat



If these symptoms are present, the individual is asked to stay home and test for COVID-19.

Testing is not just for one person's sake, but also for the sake of others around them.

Free tests are readily available at your child's school, Pacific County Health Department, and county libraries.

Students and staff can return back to childcare programs, activities, or school after:

If they tested positive:

- 5 days have passed since symptoms started AND
- No fever within the past 24 hours without medication AND
- Symptoms have significantly improved AND
- Wear a mask around others at ALL times from symptom onset until 10 days after (you must test NEGATIVE with an antigen test to return without a mask). If the staff member or student cannot wear a mask due to other health reasons, they need to remain isolating through day 10 since symptoms began

If they tested negative:

- No fever within the past 24 hours (without medication) AND
- Symptoms have significantly improved



If a staff member or student has been identified as a close contact, they may continue to go to the school. However, it is recommended that they get tested 3-5 days after the exposure, wear a mask for 10 days, and watch for symptoms during those 10 days. If they test positive after exposure, please follow the guidelines

Please report any positive cases to Pacific County Health Department using the QR code or link provided https://hipaa.jotform.com/220324575452048.

¿Dio positivo? Informe usando el código QR a continuación:

Siendo Síntomatico y Escuela ¿Crees que deberían ir a la escuela los estudiantes y empleados?



Las enfermedades y alergias de primavera llegaron, teniendo en cuenta que COVID-19 está en pleno apogeo en el momento. Es importante considerar seriamente tomando en cuenta si los estudiantes o empleados están experimentando un síntoma, y no dejándolos ir a trabajar de inmediato. Aun que estemos regresando a nuestras vidas "normales", aun estaremos pendiente por si viene el COVID-19 u otras enfermedades. Debajo hay una guía, para saber que hacer si alguien experimenta un síntoma parecido al COVID-19:

Si un individuo tiene uno de los siguientes síntomas:

- Fiebre (100,4F u arriba) u escalofríos
- Falta de allento o Dificultad para respirar
- Cuerpo cortado o Dolores Musculares
- Tos (Síntoma nuevo, Cambio o Peor)
- Congestión nasal o nariz escurridiza
- Nausea, Vomito o Diarrea
- Dolor de Cabeza
- Fatiga
- Dolor de Garganta



Si estos síntomas se presentan, y el individuo pregunta si puede quedarse en casa para después hacerse una prueba de COVID-19. La prueba no solo será para la salud del individuo, sino para la salud de los demás y de la gente que está a su alrededor.

Las pruebas serán gratuitas y disponibles en las escuelas de sus hijos, en el Departamento de Salud del Condado del Pacifico, y las Bibliotecas del Condado.

Los estudiantes y empleados pueden regresar a sus programas de childcare, actividades o a la escuela después de:

Si prueban positivo:

- Después de los 5 Dias de su primer síntoma &
- No fiebre dentro de las últimas 24 horas sin medicamento &
- · Superado significantemente los síntomas &
- Usar su cubrebocas alrededor de otros en TODO momento de su último síntoma, en los últimos 10 dias (Debes salir NEGATIVO con una prueba antigen para poder regresar sin cubrebocas). Si los empleados o estudiantes no pueden usar cubrebocas debido a sus condiciones de salud, ellos serán sometidos a aislamiento durante 10 Dias desde que iniciaron sus síntomas.

Si prueban negativo:

- Sin fiebre dentro de las ultimas 24 horas (sin medicamento) &
- Si los síntomas se fueron completamente



Si un empleado o estudiante se han identificado como contacto cercano, ellos podrán continuar en la escuela. Aun que se recomienda que ellos prueben entre los 3-5 Dias después de ser expuesto, y usando cubrebocas durante 10 días, y ver si tienen síntomas en los siguientes 10 días. Si dan positivo después de ser expuesto, por favor sigan las regulaciones arriba.

Por favor reporte cualquiera prueba positiva en el Departamento de Salud del Condado del Pacifico usando los codigos QR o el link proporcionado: https://hipaa.jotform.com/220324575452048.

COVID-19 Treatment Options

If you are high risk of severe illness due to COVID-19 (as defined below), call your provider to see if you are eligible!

Key points to know:

- Monoclonal antibody treatments (mAB) and oral antiviral medications are available in Pacific County
- Medical provider order is required
- Treatments are most effective if administered within the first few days of disease (the earlier the better)
- Those who are high risk due to age or certain underlying health conditions are eligible. Talk to your provider to see if they are right for you!

More information: https://www.cdc.gov/coronavirus/2019-ncov/your-health/treatments-for-severe-illness.html

END STATUS REPORT