Local Snapshot

Pacific County Positive Cases: 4570

New Cases since June 15: 41

Pacific County Cases over 14 Days: 88

Pacific County Hospitalizations to Date: 189

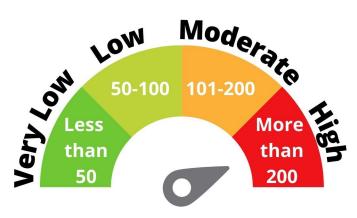
New Hospitalizations this week:0

Pacific County Deaths: 62

New Pacific County Deaths this week: 0

Case rate per 100k/14 days: 402

Transmission Risk is High



Current case rate per a 100k population is 402. The Two-Week case rate in Pacific County is: HIGH.

- When case rates are moderate or high, it's a good idea to keep masking in indoor settings to protect vourself and others.
- When case rates fall below 100 per 100,000 it is safer for most people to begin unmasking in indoor spaces.
- For those at high risk of severe illness from COVID-19 or those with household members at high risk, recommend continuing to wear masks until case rates are very low (<50/100,000).

Statewide Data Updates

For the most recent number of cases by county, demographics, and more, visit the <u>Department of Health's</u> dashboard.

The Washington State Department of Health has begun reporting "Percent of population 6 months + initiating/full vaccinated", which has replaced the "5 years+" categories shared in previous weekly data updates. The Department of Health is also having technical issues with the "Percent of Population 16+ initiating/fully vaccinated." This is why these percentages are unavailable this week. We apologize for the inconvenience and will continue to update you as they work to resolve this issue.

Information about the increasing proportions of Omicron BA.4 and BA.5 has also been included in this week's data update to help keep you updated about the current trends found with both.

COVID Testing Clinics Next Week

Pacific County Health Department 1216 West Robert Bush Drive, South Bend (360) 875-9407

Appointments available from 10-1 on Wednesdays

By Appointment Only

For symptomatic or close contacts only

Sign-up for an appointment: https://hipaa.jotform.com/220736299131052

Pacific County Health Department 7013 Sandridge Road, Long Beach (360) 875-9407 Appointments available from 9:30am-11:30am on Aug. 17th

By Appointment Only

For symptomatic or close contacts only

Sign-up for an appointment: https://hipaa.jotform.com/220276330543044

Willapa Harbor Hospital 826 Alder Street South Bend Weekend walk in clinic 9:00am-9:00pm

Weekend clinic is walk-in and requires a doctor visit to test symptomatic patients only. Please remain in

vehicle upon arrival and call 360-875-5579

Warrenton Walgreens
PCR testing by appt.
1600 East Harbor

www.walgreens.com/findcare/covid19/testing

Booster dose recommendations by age and underlying illnesses

- Children ages 5-11 should receive a booster dose five months after completing their primary vaccine series of Pfizer-BioNTech vaccine. Immunocompromised children should receive their booster at least three months after their primary series.
- Everyone 12 and older should receive a booster dose five months after completing their primary vaccine series of Pfizer or Moderna, or two months after receiving the single-shot Johnson & Johnson (J&J) vaccine.
- Those 18 and older who received a primary vaccine and booster dose of the J&J vaccine four months ago can receive a second booster dose of an mRNA COVID-19 vaccine
- Everyone 50 and older should receive a second booster dose four months after receiving their first booster dose.
- Individuals 12 and older who are <u>moderately or severely immunocompromised</u> should receive a **second booster** dose four months after receiving their first booster dose.

Effective anti-COVID drug available in Washington for eligible patients. Thousands of doses of Evusheld, a potentially life-saving COVID-19 drug, are available in our state. Evusheld could benefit those who are at highest risk for hospitalization and death from COVID-19. Read the full April 4 news release.

COVID VACCINE CLINICS

Below are the upcoming COVID-19 vaccine clinics in Pacific County. You can also visit our website at: www.pacificcountycovid19.com

Pacific County Health Department MODERNA & NOVAVAX

Ages 18+

Boosters Available

Tuesday, August 16th 11:30am-1:30pm

Pacific County Health Dept.

7013 Sandridge Road

Long Beach, WA 98631

Register for an appointment at: https://prepmod.doh.wa.gov//appointment/en/reg/9269165089

Or call (360) 875-9407

South Bend Pharmacy PFIZER and MODERNA

Ages 16 and older

Boosters Available

Ongoing appointments available; please call to schedule

South Bend Pharmacy

101 Willapa Ave

South Bend

Call (360) 875-5757 to schedule an appointment

Family Health Center Klipsan (Moderna)

Ages 18+

No Boosters

On-going for established patients, by appointment

21610 Pacific Way

Klipsan, WA

Established patients please call 360-665-3000 to schedule an appointment

Valleyview Health Center (Moderna)

Ages 18+

No Boosters

On-going for established patients, by appointment

300 Ocean Ave., Raymond

Established patients please call 360-942-3040 to schedule an appointment

Shoalwater Bay Wellness at the Clinic (Moderna)

Ages 18+

Boosters Available

By appointment on open Fridays

2373 Old Tokeland Rd

Tokeland, WA

Call 360-267-0119 to schedule an appointment

Free N95 Masks!

Available at any Timberland Regional Library or Health Department location.

Free At-Home COVID-19 Tests & N95 Masks

Pick yours up today!

- Naselle Library
- South Bend Library
- Raymond Library
- Ocean Park Library
- Ilwaco Library
- Pacific County Health Dept (Long Beach or South Bend Office)
- Olympic Area Agency on Aging
- City of Long Beach
- Shoalwater Clinic





Get a vaccine, exposure notifications, COVID-19 testing, and proof of vaccination. Use the DOH vaccine locator to help end the pandemic. Next, get WA Notify so you'll know if you've been near another WA Notify user who later tests positive for COVID-19. For K-12 students, staff, and parents/guardians, learn more about our partnership that helps schools provide easy COVID-19 testing on site. Once vaccinated, you can provide your vaccination status using WA Verify.

The Pacific County Emergency Operations Center is Open Monday - Friday, 8:00am - 4:00pm Please give us a call with any COVID-19 related questions or concerns.

North County: (360) 875-9407 / South County: (360) 642-9407.

If you are experiencing a medical, or, other type of emergency, please contact 9-1-1 immediately. If no one is available to take your call during regular business hours please leave a message and someone will get back to you within 3 business days.

The state COVID-19 Assistance Hotline is a general information line related to COVID-19. If you need information or have a general question, call 1-800-525-0127, then press # or text 211-211 for help. New hours of operation are 6 a.m. to 10 p.m. Monday, and 6 a.m. to 6 p.m. Tuesday through Sunday and on observed state holidays. You can also text the word "Coronavirus" to 211-211 to receive information and updates on your phone wherever you are. You will receive links to the latest information on COVID-19, including county-level updates, and resources for families, businesses, students, and more.

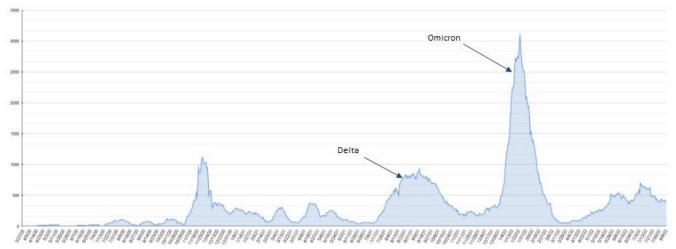
Washington Listens helps people manage stress and anxiety they may be experiencing because of COVID-19. If you or anyone you know is having difficulties managing stress, call the Washington Listens support line at 1-833-681-0211. Hours are from 9 a.m. to 9 p.m. Monday through Friday, and 9 a.m. to 6 p.m. Saturdays and Sundays. TTY and language access services are available by using 7-1-1 or their preferred method. See resources and self-help tips from Washington Listens.

Pacific County Weekly COVID 19 Case Data

Pacific County Case Data Summary	7/27/2022	8/3/2022	8/10/2022
Cases (Total)	4482	4529	4570
New cases this week	41	47	41
New cases over 14 days	92	88	88
Total Hospitalizations	188	189	189
New hospitalizations this week	1	1	0
Deaths (total)	61	62	62
Case rate per 100,000 population over 14 days	421	407	402

Updated 8/10/2022

Pacific County COVID-19 Case Rate per 100,000 population over past 14 days (trend over time)



Updated 8/10/2022

DOH has reduced the frequency of "COVID-19 Cases, Hospitalizations, and Deaths by Vaccination Status" reports to once per month. We will continue to provide the latest edition available.

COVID-19 Cases, Hospitalizations, and Deaths by Vaccination Status Washington State Department of Health

August 10, 2022

Unvaccinated 12-34 year-olds in Washington are

- 1.7 times more likely to get COVID-19 compared with fully vaccinated 12-34 year-olds.
- 4.1 times more likely to be hospitalized with COVID-19 compared with fully vaccinated 12-34 year olds.

Unvaccinated 35-64 year-olds are

- 1.6 times more likely to get COVID-19 compared with fully vaccinated 35-64 year-olds.
- 3.5 times more likely to be hospitalized with COVID-19 compared with fully vaccinated 35-64 year olds.

Unvaccinated 65+ year-olds are

- 2.1 times more likely to get COVID-19 compared with fully vaccinated 65+ year-olds.
- 3.2 times more likely to be hospitalized with COVID-19 compared with fully vaccinated 65+ year-olds.
- 3.1 times more likely to die of COVID-19 compared with fully vaccinated 65+ year-olds.

https://doh.wa.gov/sites/default/files/2022-02/421-010-CasesInNotFullyVaccinated.pdf?uid=62f3fec89798c

Pacific County Vaccine Rates: Initiation & Fully Vaccinated	8/3/2022	8/10/2022
Percent of total population initiating vaccine	69.3%	69.3%
Percent of total population fully vaccinated	62.0%	62.1%
Percent of population 16+ initiating vaccine	77.9%	78.0%
Percent of population 16+ fully vaccinated	70.1%	70.3%
Percent of the population 6 months + initiating vaccine	69.4%	69.6%
Percent of the population 6 months + who are fully vaccinated	62.2%	62.4%
Percent of the eligible population who has received a booster	54.9%	55.1%
Total doses given (initial series and boosters)	38,368	38,435

Updated 8/10/2022

Case Rate by Zip Code	8/3/2022	8/10/2022
Bay Center (98527)	41	41
Chinook (98614)	75	75
Ilwaco (98624)	220	221
Long Beach (98631)	554	561
Lebam (98554)	17	17
Naselle (98638)	280	281
Nahcotta (98637)	10	10
Menlo (98561)	12	12
Ocean Park (98640)	637	648
Oysterville (98641)	14	14
Seaview (98644)	120	120
Raymond (98577)	1710	1726
South Bend (98586)	569	572
Tokeland (98590)	62	64
Grayland (98547)	72	72
Incomplete data	136	136

Pacific County Cases by Zip Code

- Confirmed case count is specific to each zip code.
- Represents permanent residence of Pacific County COVID-19 cases.
- Not a representation of where COVID-19 exposure or transmission occurred.

Updated 8/10/2022

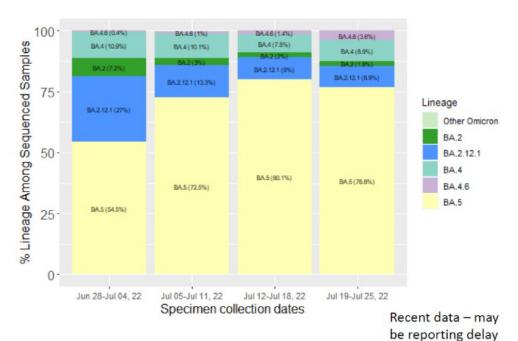
Pacific County COVID-19 Cases by Age Group

Age	7/20/2022	7/27/2022	8/3/2022	8/10/2022
0-9	380	382	385	392
10-19	683	686	689	690
20-29	484	484	487	490
30-39	624	629	636	640
40-49	566	569	575	576
50-59	547	551	555	557
60-69	542	555	566	576
70+	579	590	600	613
Incomplete data	36	36	36	36

Updated 8/10/2022

DOH will continue to share variant updates bi-weekly. Again, we will provide the most up-to-date information on Slide 8.

SARS-CoV-2 Variant Proportions in WA



COVID-19 Omicron Variant Update

There has been a slight increase in the proportion of Omicron BA.4, but Omicron BA.5 proportions have remained more stable recently.

Initial findings for BA.4 and BA.5 suggest an increased ability to evade immune response from both vaccinations and prior infections.

We recommend those who do get sick to assume that they no longer have the increased immunity for 90 days and to continue exercising caution following quarantine/isolation.

Updated 8/10/2022

Download printable copies at: http://www.pacificcountycovid19.com/if-you-have-covid-19.html





Download printable copies at: http://www.pacificcountycovid19.com/at-home-testing.html



COVID-19 **Home Testing**

When to use your COVID-19 At Home Test:

- If you have COVID-19 symptoms, like a fever or cough, test right away.
 If you were a close contact of someone with COVID-19, wait at least 5 days to
- If you are testing before a gathering, test right before the gathering, or as close to the event as possible.
 ase read the test instructions or watch the video b

https://www.youtube.com/watch?v=qBt_H4Gc-rU



Reporting your positive results:

*Do not report negative results.
While we don't require individuals to report their at-home COVID-19 test results, we highly recommend people to do so, and to let close contacts know about potential exposure. Your honest responses help us understand how the virus is affecting you and your community.

- . Report online using the QR code or directly at: www.pacificcountycovid19.com/reporthometest

 Call us at: (360) 875-9407

Use WA Notify to alert other users that they may have been exposed. https://www.doh.wa.gov/Emergencies/COVID19/WANotify





Getting a COVID-19 vaccine after you recover from COVID-19 infection provides added protection for your immune system
You are eligible to receive a COVID-19 vaccine (or booster) once you have fully recovered from your COVID-19 infection. Schedule an appointment at:

www.pacificcountycovid19.com/get-vaccinated



Have more questions? Call us at (360) 875-9407 or visit: www.pacificcountycovid19.com



Pruebas de hogar para el COVID-19

Cuando usar la prueba de detección de COVID-19 para el hogar:

- Cuando tenga síntomas del COVID-19, como fiebre o tos, hágas inmediato.
- immediato.

 Cuando tenga contacto cercano con una persona que este positivo para el COVID19, espero al menos 5 días para realizarse la prueba.

 Cuando se realice la prueba para una reunión, hágase la prueba antes del evento,

https://www.youtube.com/watch?v=yGbwl7uFPvY



Como reportar un resultado positivo de COVID-19:

*No reporte un resultado negativo.

Aunque no es un requisito reportar su resultado positivo de COVID-19 de una prueba echa en casa, es recomendado que lo haga, y de hacerle saber a sus contactos cercanos de una posible exposición. Una respuesta honesta de su parte nos ayuda a entender como lo afecta el virus y como afecta a la comunidad.

Onciones para reportar una prueha de casa:

- · Repórtelo en línea usando el código de QR o directamente en: www.pacificcountycovid19.com/reporthometest
 Llámenos al: (360) 875-9407

Usa Notifica WA para alertar a otros usuarios sobre





Después de su infección de COVID-19 póngase la vacuna para proteger aún más su sistema inmunológico. Usted es elegible para recibir una vacuna del COVID-19 (o vacuna de refuerzo) cuando este recuperado de su infección de COVID-19.

www.pacificcountycovid19.com/get-vaccinated



Si tiene preguntas? Llámenos al (360) 875-9407 o visite: www.pacificcountycovid19.com





Home care for COVID-19: Guide for family and caregivers



Identify one household member to be the caregiver. The caregiver should have no high risk factors and the fewest contacts with people outside.



Prepare a separate room or isolated space for the person with COVID-19 infection.



Open a window(s) to improve ventilation and increase the circulation of fresh air.



Do not allow visitors and try to avoid close contact (less than 1 metre) with the person with COVID-19 infection.



Everyone should wear a medical mask when in the same room with the person with COVID-19 infection.



Clean hands frequently using soap and water or an alcohol-based hand sanitizer.



Clean and disinfect frequently touched surfaces, especially those touched by the person with COVID-19 infection.



Use separate dishes, cups, eating utensils and bedding from the person with COVID-19 infection.



The person with COVID-19 infection should rest, drink plenty of fluids, and eat nutritious food; continue any medication for chronic conditions.



Take paracetamol/ acetominophen for fever and/or body pain according to instructions. Antibiotics are not effective against COVID-19 infection.



Monitor the person with COVID-19 infection's symptoms regularly. Call your healthcare provider immediately if you see any of these danger signs:

- Difficulty breathing
- Confusion
- · Chest pain
- · Loss of speech or mobility

In some people there is a risk of more severe COVID-19.

High risk factors include:

- age 60 and over
- hypertension
- diabetes
- cardiac disease
- chronic lung disease
- cerebrovascular disease
- · mental disorders
- · chronic kidney disease
- immunosuppression (including HIV)
- obesity
- cancer

A pulse oximeter can be used to monitor oxygen levels.



- For people with high risk factors, check oxygen levels twice a day and report results to a health provider.
- Follow instructions on how to appropriately use the device.
- If the oxygen level on the screen is less than 90%, call for emergency help.
- If the oxygen level is between 90-94%, reach out to your health care provider for further guidance.
- For children, if the oxygen level is less than 90% plus a cough, difficulty breathing, inability to breastfeed or drink, lethargy or unconsciousness, or convulsions, call for emergency help.

During pregnancy, women over the age of 35, obesity, and chronic conditions are also high risk factors.

People who are infected with the COVID-19 virus and have any of these risk factors should be closely monitored by a health provider.

Tested positive? Report using the QR code below:



Symptomatic and School Should the student or staff member go to school?

Spring illnesses and allergies along with COVID are in full swing right now. It is important to take any symptoms students or staff may be experiencing seriously, and not let them come to the school right away. Even though we are getting back to a more "normal" life, we still must remain vigilant when it comes to COVID and other illnesses. Below is a guide on what to do if someone is experiencing COVID-like symptoms:

If an individual has one or more of the following symptoms:

- Fever (100.4F or above) or chills
- Shortness of breath or difficulty breathing
- Muscle or body aches
- New loss of taste or smell
- Cough (New, changed or worsening)
- Congestion or runny nose
- Nausea, vomiting, or diarrhea
- Headache
- Fatique
- Sore throat



If these symptoms are present, the individual is asked to **stay home and** test for COVID-19.

Testing is not just for one person's sake, but also for the sake of others around them.

Free tests are readily available at your child's school, Pacific County Health Department, and county libraries.

Students and staff can return back to childcare programs, activities, or school after:

If they tested positive:

- 5 days have passed since symptoms started AND
- No fever within the past 24 hours without medication AND
- Symptoms have significantly improved AND
- Wear a mask around others at ALL times from symptom onset until 10 days after (you must test NEGATIVE with an antigen test to return without a mask). If the staff member or student cannot wear a mask due to other health reasons, they need to remain isolating through day 10 since symptoms began

If they tested negative:

- No fever within the past 24 hours (without medication) AND
- Symptoms have significantly improved



If a staff member or student has been identified as a close contact, they may continue to go to the school. However, it is recommended that they get tested 3-5 days after the exposure, wear a mask for 10 days, and watch for symptoms during those 10 days. If they test positive after exposure, please follow the guidelines

Please report any positive cases to Pacific County Health Department using the QR code or link provided https://hipaa.jotform.com/220324575452048.

¿Dio positivo? Informe usando el código QR a continuación:

Siendo Síntomatico y Escuela ¿Crees que deberían ir a la escuela los estudiantes y empleados?



Las enfermedades y alergias de primavera llegaron, teniendo en cuenta que COVID-19 está en pleno apogeo en el momento. Es importante considerar seriamente tomando en cuenta si los estudiantes o empleados están experimentando un síntoma, y no dejándolos ir a trabajar de inmediato. Aun que estemos regresando a nuestras vidas "normales", aun estaremos pendiente por si viene el COVID-19 u otras enfermedades. Debajo hay una guía, para saber que hacer si alguien experimenta un síntoma parecido al COVID-19:

Si un individuo tiene uno de los siguientes síntomas:

- Fiebre (100,4F u arriba) u escalofríos
- Falta de allento o Dificultad para respirar
- Cuerpo cortado o Dolores Musculares
- Tos (Síntoma nuevo, Cambio o Peor)
- Congestión nasal o nariz escurridiza
- Nausea, Vomito o Diarrea
- Dolor de Cabeza
- Fatiga
- Dolor de Garganta



Si estos síntomas se presentan, y el individuo pregunta si puede quedarse en casa para después hacerse una prueba de COVID-19. La prueba no solo será para la salud del individuo, sino para la salud de los demás y de la gente que está a su alrededor.

Las pruebas serán gratuitas y disponibles en las escuelas de sus hijos, en el Departamento de Salud del Condado del Pacifico, y las Bibliotecas del Condado.

Los estudiantes y empleados pueden regresar a sus programas de childcare, actividades o a la escuela después de:

Si prueban positivo:

- Después de los 5 Dias de su primer síntoma &
- No fiebre dentro de las últimas 24 horas sin medicamento &
- · Superado significantemente los síntomas &
- Usar su cubrebocas alrededor de otros en TODO momento de su último síntoma, en los últimos 10 dias (Debes salir NEGATIVO con una prueba antigen para poder regresar sin cubrebocas). Si los empleados o estudiantes no pueden usar cubrebocas debido a sus condiciones de salud, ellos serán sometidos a aislamiento durante 10 Dias desde que iniciaron sus síntomas.

Si prueban negativo:

- Sin fiebre dentro de las ultimas 24 horas (sin medicamento) &
- Si los síntomas se fueron completamente



Si un empleado o estudiante se han identificado como contacto cercano, ellos podrán continuar en la escuela. Aun que se recomienda que ellos prueben entre los 3-5 Dias después de ser expuesto, y usando cubrebocas durante 10 días, y ver si tienen síntomas en los siguientes 10 días. Si dan positivo después de ser expuesto, por favor sigan las regulaciones arriba.

Por favor reporte cualquiera prueba positiva en el Departamento de Salud del Condado del Pacifico usando los codigos QR o el link proporcionado: https://hipaa.jotform.com/220324575452048.

COVID-19 Treatment Options

If you are high risk of severe illness due to COVID-19 (as defined below), call your provider to see if you are eligible!

Key points to know:

- Monoclonal antibody treatments (mAB) and oral antiviral medications are available in Pacific County
- Medical provider order is required
- Treatments are most effective if administered within the first few days of disease (the earlier the better)
- Those who are high risk due to age or certain underlying health conditions are eligible. Talk to your provider to see if they are right for you!

More information: https://www.cdc.gov/coronavirus/2019-ncov/your-health/treatments-for-severe-illness.html

END STATUS REPORT