

Local Snapshot

Pacific County Positive Cases: 3876
 New Cases since April 27: 32
 Pacific County Cases over 14 Days: 43
 Pacific County Hospitalizations to Date: 167
 New Hospitalizations this week: 3
 Pacific County Deaths: 55
 New Pacific County Deaths this week: 0
 Case rate per 100k/14 days: 194

Now that the mask mandate has been lifted, we've heard a lot of questions in the community about whether or not to keep wearing masks, so we've created a risk gauge to help inform that decision.

You may want to consider COVID-19 transmission in your community when considering whether or not to wear a mask. That tells you the probability that anyone in a given room has COVID-19.

- When case rates are high (>100/100,000 residents) it's a good idea to keep masking in indoor settings to protect yourself and others.
- When case rates fall below 100 per 100,000 it is safer for most people to begin unmasking in indoor spaces.
- For those at high risk of severe illness from COVID-19 or those with household members at high risk, recommend continuing to wear masks until case rates are very low (<50/100,000).

As of today, April 13th, Pacific County case rate is 194 over 14 days which puts us in the HIGH category.

Remember when the mask mandate was lifted on March 11th, masking is still required for staff and visitors in the following high-risk areas:

- ◆ Healthcare and medical facilities
- ◆ Long-term care settings
- ◆ Public transit, taxis, and rideshare vehicles
- ◆ Correctional facilities
- ◆ Private businesses and local governments that want to require masks for their employees, customers or residents

Private businesses can still require masks or proof of vaccination if they choose. Many individuals will choose to continue to wear masks for a variety of reasons. Please be kind, compassionate and respect the rules of the room.

Wearing a mask when COVID-19 case rates are high is an act of community. It offers protection not just for yourself but for those vulnerable members of our society around you. Let us keep practicing the care and compassion for our neighbors that has gotten us this far in the pandemic. As a reminder, high quality N95 masks are available free of charge for those who live or work in Pacific County. Pick yours up today at any Pacific County based Timberland regional library or either health dept location!



COVID-19 Community Level
in Pacific County

Statewide Data Updates

For the most recent number of cases by county, demographics, and more, visit the [Department of Health's dashboard](#).

The Pacific County Emergency Operations Center is Open **Monday - Friday, 8:00am - 4:00pm**

Please give us a call with any COVID-19 related questions or concerns.

North County: (360) 875-9407 / South County: (360) 642-9407.

If you are experiencing a medical, or, other type of emergency, please contact 9-1-1 immediately. If no one is available to take your call during regular business hours please leave a message and someone will get back to you within 3 business days.

The state COVID-19 Assistance Hotline is a general information line related to COVID-19. If you need information or have a general question, call 1-800-525-0127, then press # or text 211-211 for help. New hours of operation are 6 a.m. to 10 p.m. Monday, and 6 a.m. to 6 p.m. Tuesday through Sunday and on [observed state holidays](#). You can also text the word "Coronavirus" to 211-211 to receive information and updates on your phone wherever you are. You will receive links to the latest information on COVID-19, including county-level updates, and resources for families, businesses, students, and more.

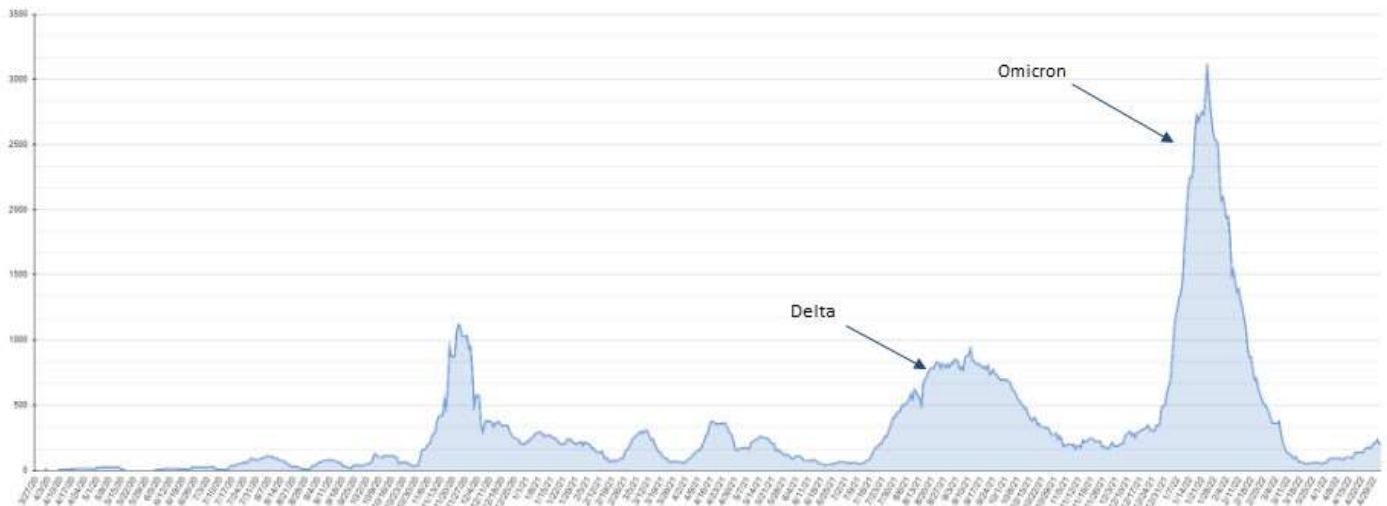
Washington Listens helps people manage stress and anxiety they may be experiencing because of COVID-19. If you or anyone you know is having difficulties managing stress, call the Washington Listens support line at 1-833-681-0211. Hours are from 9 a.m. to 9 p.m. Monday through Friday, and 9 a.m. to 6 p.m. Saturdays and Sundays. TTY and language access services are available by using 7-1-1 or their preferred method. [See resources and self-help tips from Washington Listens](#).

Pacific County Weekly COVID 19 Case Data

| Pacific County Case Data Summary | 4/20/2022 | 4/27/2022 | 5/4/2022 |
|---|-----------|-----------|----------|
| Cases (Total) | 3833 | 3844 | 3876 |
| New cases this week | 22 | 11 | 32 |
| New cases over 14 days | 24 | 33 | 43 |
| Total Hospitalizations | 162 | 164 | 167 |
| New hospitalizations this week | 2 | 2 | 3 |
| Deaths (total) | 55 | 55 | 55 |
| Case rate per 100,000 population over 14 days | 134 | 161 | 194 |

Updated 5/4/2022

Pacific County COVID-19 Case Rate per 100,000 population over past 14 days (trend over time)



Updated 5/4/2022

COVID-19 Cases, Hospitalizations, and Deaths by Vaccination Status Washington State Department of Health May 4, 2022

Unvaccinated **12-34 year-olds** in Washington are

- 1.5 times more likely to get COVID-19 compared with fully vaccinated 12-34 year-olds.
- 4 times more likely to be hospitalized with COVID-19 compared with fully vaccinated 12-34 year olds.

Unvaccinated **35-64 year-olds** are

- 1.8 times more likely to get COVID-19 compared with fully vaccinated 35-64 year-olds.
- 4.4 times more likely to be hospitalized with COVID-19 compared with fully vaccinated 35-64 year olds.

Unvaccinated **65+ year-olds** are

- 2.7 times more likely to get COVID-19 compared with fully vaccinated 65+ year-olds.
- 3.4 times more likely to be hospitalized with COVID-19 compared with fully vaccinated 65+ year-olds.
- 4.6 times more likely to die of COVID-19 compared with fully vaccinated 65+ year-olds.

<https://doh.wa.gov/sites/default/files/2022-02/421-010-CasesInNotFullyVaccinated.pdf>

| Case Rate by Zip Code | 4/27/2022 | 5/4/2022 |
|-----------------------|-----------|----------|
| Bay Center (98527) | 37 | 37 |
| Chinook (98614) | 55 | 55 |
| Ilwaco (98624) | 180 | 182 |
| Long Beach (98631) | 458 | 473 |
| Lebam (98554) | 12 | 12 |
| Naselle (98638) | 249 | 250 |
| Nahcotta (98637) | 6 | 6 |
| Menlo (98561) | 9 | 9 |
| Ocean Park (98640) | 481 | 489 |
| Oysterville (98641) | 12 | 12 |
| Seaview (98644) | 97 | 98 |
| Raymond (98577) | 1514 | 1518 |
| South Bend (98586) | 501 | 502 |
| Tokeland (98590) | 46 | 46 |
| Grayland (98547) | 53 | 53 |
| Incomplete data | 134 | 134 |

Pacific County Cases by Zip Code

- Confirmed case count is specific to each zip code.
- Represents permanent residence of Pacific County COVID-19 cases.
- Not a representation of where COVID-19 exposure or transmission occurred.

Updated 5/4/2022

Download printable copies at: <http://www.pacificcountycovid19.com/if-you-have-covid-19.html>

What to do if you are exposed to COVID:

IF YOU were exposed to COVID-19 and are NOT up-to-date on COVID-19 vaccinations (including boosters if eligible)

- Quarantine for at least 5 days**
 - Stay home for at least 5 full days.
- Get tested**
 - Get tested at least 5 days after close contact with someone with COVID-19.
 - If you can't get a test and have symptoms, assume you are positive and isolate.
- Take precautions until Day 10**
 - Wear a quality mask for 10 days while around others.
- Avoid travel**
- Avoid being around people who are high risk**

IF YOU were exposed to COVID and you are up-to-date on COVID vaccinations

- No Quarantine**
 - You do not need to stay home unless you develop symptoms.
- Take precautions until Day 10**
 - Wear a quality mask for 10 days when around others.
 - Get tested if you develop symptoms, or assume you are positive and isolate for 5 days.
- Avoid travel**
- Avoid being around people who are high risk**

IF YOU were exposed and had confirmed COVID within the past 90 days

- No Quarantine**
 - You do not need to quarantine unless you develop symptoms.
- Take precautions until Day 10**
 - Take precautions until Day 10.
 - Wear a mask for 10 days when around others.
 - If you develop symptoms, assume you are positive and isolate for 5 days.
- Avoid travel**
- Avoid being around people who are high risk**

What to do if you test positive:

For more detail, if you are symptomatic or have been exposed to COVID and unable to get a test, please assume you are positive and follow the advice below.

- Isolate at home, away from others.**
 - Isolate at least 5 days OR 24 hours after symptoms improve and no fever without fever-reducing medicine **WHICHEVER IS LONGER**.
 - Day 1 of your isolation period begins the first full day after symptoms start.
 - Continue to wear a quality mask while around others until day 10.
- Reach out to your close contacts and let them know they've been exposed and they should quarantine.**
 - Quarantine for a minimum of 5 days from the last date of exposure.
 - If no symptoms by day 5, quarantine can end but continue to wear a face covering and monitor for symptoms until day 10.
 - If symptoms develop, get tested. If unable to test, assume you are positive & isolate.
 - Close contacts include anyone you were around who is not fully vaccinated for more than 15 minutes while you were infectious (2 days prior to when symptoms started).
- Wear a mask while inside and ask others in your home to do the same (preferably a KN95, KF-94, or a 3-ply surgical mask, if possible)**
- Ventilate your space as much as you can.**
 - If your home has an HVAC system, make sure it has a fresh filter. Consider using a HEPA air purifier if you don't have HVAC.
 - Open the windows and doors whenever possible and safe to do so.
 - Use fans to move virus particles from inside your home to outside.
- Stay hydrated, use OTC medications such as acetaminophen to manage symptoms. Seek medical care if you display the following symptoms:**
 - Trouble breathing.
 - Persistent pain or pressure in the chest.
 - Confusion, inability to wake or stay awake.
 - Fake, gray or blue-colored skin, lips, or nail beds or an abnormally low reading on a pulse oximeter (if you have one).*This list is not all possible symptoms. Call your medical provider if you have any other signs of concerning symptoms.

More information at: www.pacificcountycovid19.com

Pacific County COVID-19 Cases by Age Group

| Age | 4/13/2022 | 4/20/2022 | 4/27/2022 | 5/4/2022 |
|-----------------|-----------|-----------|-----------|----------|
| 0-9 | 352 | 354 | 356 | 357 |
| 10-19 | 638 | 642 | 643 | 646 |
| 20-29 | 436 | 436 | 436 | 436 |
| 30-39 | 583 | 583 | 583 | 588 |
| 40-49 | 500 | 503 | 503 | 508 |
| 50-59 | 458 | 462 | 465 | 467 |
| 60-69 | 412 | 417 | 420 | 422 |
| 70+ | 398 | 402 | 406 | 419 |
| Incomplete data | 34 | 34 | 32 | 33 |

Updated 5/4/2022

COVID-19 Treatment Options

If you are high risk of severe illness due to COVID-19 (as defined below), call your provider to see if you are eligible!

Key points to know:

- Monoclonal antibody treatments (mAB) and oral antiviral medications are available in Pacific County
- Medical provider order is required
- Treatments are most effective if administered within the first few days of disease (the earlier the better)
- Those who are high risk due to age or certain underlying health conditions are eligible. Talk to your provider to see if they are right for you!

More information: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/treatments-for-severe-illness.html>

Free At-Home COVID-19 Tests & N95 Masks

Pick yours up today!

- Naselle Library
- South Bend Library
- Raymond Library
- Ocean Park Library
- Ilwaco Library
- Pacific County Health Dept (Long Beach or South Bend Office)
- Olympic Area Agency on Aging
- City of Long Beach
- Shoalwater Clinic



| Pacific County Vaccine Rates: Initiation & Fully Vaccinated | 4/27/2022 | 5/4/2022 |
|--|------------------|-----------------|
| Percent of total population initiating vaccine | 67.8% | 68.0% |
| Percent of total population fully vaccinated | 60.7% | 60.9% |
| Percent of population 16+ initiating vaccine | 76.3% | 76.5% |
| Percent of population 16+ fully vaccinated | 68.6% | 68.8% |
| Percent of the population 5+ initiating vaccine | 70.8% | 71.0% |
| Percent of the population 5 + who are fully vaccinated | 63.4% | 63.6% |
| Percent of the eligible population who has received a booster | 54.0% | 54.2% |
| Total doses given (initial series and boosters) | 36,354 | 36,548 |

Updated 5/4/2022

END STATUS REPORT