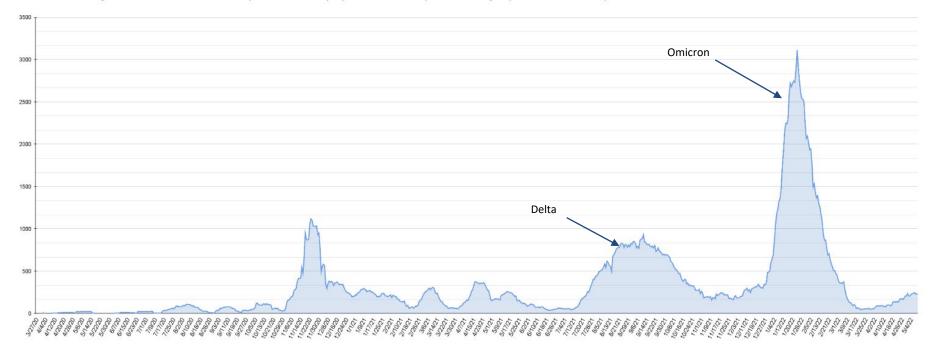


# Pacific County COVID-19 Update May 11, 2022

# Pacific County Weekly COVID 19 Case Data

Pacific County Case Data Summary	4/27/2022	5/4/2022	5/11/2022
Cases (Total)	3844	3876	3896
New cases this week	11	32	20
New cases over 14 days	33	43	52
Total Hospitalizations	164	167	167
New hospitalizations this week	2	3	0
Deaths (total)	55	55	55
Case rate per 100,000 population over 14 days	161	194	226

Pacific County COVID-19 Case Rate per 100,000 population over past 14 days (trend over time)



# COVID-19 Cases, Hospitalizations, and Deaths by Vaccination Status Washington State Department of Health

May 11, 2022

#### Unvaccinated 12-34 year-olds in Washington are

- 1.5 times more likely to get COVID-19 compared with fully vaccinated 12-34 year-olds.
- 4.2 times more likely to be hospitalized with COVID-19 compared with fully vaccinated 12-34 year olds.

#### Unvaccinated 35-64 year-olds are

- 1.9 times more likely to get COVID-19 compared with fully vaccinated 35-64 year-olds.
- 4.3 times more likely to be hospitalized with COVID-19 compared with fully vaccinated 35-64 year olds.

#### Unvaccinated 65+ year-olds are

- 2.7 times more likely to get COVID-19 compared with fully vaccinated 65+ year-olds.
- 3.2 times more likely to be hospitalized with COVID-19 compared with fully vaccinated 65+ year-olds.
- 3.1 times more likely to die of COVID-19 compared with fully vaccinated 65+ year-olds.

https://doh.wa.gov/sites/default/files/2022-02/421-010-CasesInNotFullyVaccinated.pdf?uid=627be505406cc

Pacific County Vaccine Rates: Initiation & Fully Vaccinated	5/4/2022	5/11/2022
Percent of total population initiating vaccine	68.0%	68.1%
Percent of total population fully vaccinated	60.9%	60.9%
Percent of population 16+ initiating vaccine	76.5%	76.6%
Percent of population 16+ fully vaccinated	68.8%	68.9%
Percent of the population 5+ initiating vaccine	71.0%	71.1%
Percent of the population 5 + who are fully vaccinated	63.6%	63.6%
Percent of the eligible population who has received a booster	54.2%	54.2%
Total doses given (initial series and boosters)	36,548	36,758

Case Rate by Zip Code	5/4/2022	5/11/2022
Bay Center (98527)	37	37
Chinook (98614)	55	55
Ilwaco (98624)	182	183
Long Beach (98631)	473	478
Lebam (98554)	12	13
Naselle (98638)	250	251
Nahcotta (98637)	6	6
Menlo (98561)	9	9
Ocean Park (98640)	489	496
Oysterville (98641)	12	12
Seaview (98644)	98	98
Raymond (98577)	1518	1521
South Bend (98586)	502	504
Tokeland (98590)	46	46
Grayland (98547)	53	53
Incomplete data	134	134

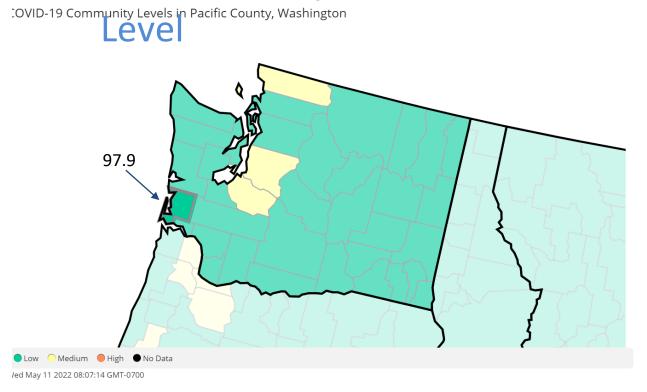
# Pacific County Cases by Zip Code

- Confirmed case count is specific to each zip code.
- Represents permanent residence of Pacific County COVID-19 cases.
- Not a representation of where COVID-19 exposure or transmission occurred.

# Pacific County COVID-19 Cases by Age Group

Age	4/20/2022	4/27/2022	5/4/2022	5/11/2022
0-9	354	356	357	357
10-19	642	643	646	646
20-29	436	436	436	438
30-39	583	583	588	589
40-49	503	503	508	512
50-59	462	465	467	469
60-69	417	420	422	426
70+	402	406	419	426
Incomplete data	34	32	33	33

# Pacific County COVID-19 Community Risk



Time Period: COVID-19 Community Levels were calculated on Thu May 05 2022. New COVID-19 cases per 100,000 population (7-day total) are calculated using data from Thu Apr 28 2022 - Wed May 04 2022.

CDC Community Risk data is slightly delayed compared with local "Case Rate per 100 thousand" data and uses a 7 day average compared to the case rate over 14 days found on slide 2.

https://covid.cdc.gov/covid-data-tracker/#county-view?list\_select\_state=Washington&data-type=CommunityLevels&null=CommunityLevels&list\_select\_county=53049

### Download printable copies at: http://www.pacificcountycovid19.com/if-you-have-covid-19.html



### What to do if you are exposed to COVID:

IF YOU were exposed to COVID-19 and are NOT up-to-date on COVID-19 vaccinations (including boosters if eligible)

#### **Ouarantine for at least 5 days**

· Stay home for at least 5 full days.

#### Get tested

- Get tested at least 5 days after close contact with someone with COVID-19.
- . If you can't get a test and have symptoms, assume you are positive and isolate

#### Take precautions until Day 10

Wear a quality mask for 10 days while around others

#### Avoid travel

Avoid being around people who are high risk

**IF YOU** were exposed to COVID and you are up-todate on COVID vaccinations

#### No Quarantine

• You do not need to stay home unless you develop symptoms

#### Take precautions until Day 10

- Wear a quality mask for 10 days when around others.
- Get tested if you develop symptoms, or assume you are positive and isolate for 5 days

#### Avoid travel

Avoid being around people who are high risk

IF YOU were exposed and had confirmed **COVID** within the past 90 days

#### No Quarantine

• You do not need to guarantine unless you develop

#### Take precautions until Day 10

- Take precautions until Day 10
- Wear a mask for 10 days when around others.
- If you develop symptoms, assume you are positive
- and isolate for 5 days

#### Avoid travel

Avoid being around people who are high risk



## What to do if you test positive:

For non-tested: If you are symptomatic or have been exposed to COVID and unable to get a test, please assume you are positive an follow the advice below.

#### Isolate at home, away from others.

- Isolate at least 5 days OR 24 hours after symptoms improve and no fever without fever reducing medicine WHICHEVER IS LONGER
- Day 1 of your isolation period begins the first full day after symptoms start
- . Continue to wear a quality mask while around others until day 10

#### Reach out to your close contacts and let them know they've been exposed and they should quarantine.

- Quarantine for a minimum of 5 days from the last date of exposure.
- If no symptoms by day 5, guarantine can end but continue to wear a face covering and monitor for symptoms until day 10.
- If symptoms develop, get tested. If unable to test, assume you are positive & isolate.
- Close contacts include anyone you were around who is not fully vaccinated for more than 15 minutes while you were infectious (2 days prior to when symptoms started)

Wear a mask while inside and ask others in your home to do the same (preferably a KN95, KF-94, or a 3-ply surgical mask, if possible)

#### Ventilate your space as much as you can.

- . If your home has an HVAC system, make sure it has a fresh filter. Consider using a HEPA air purifier if you don't have HVAC.
- · Open the windows and doors whenever possible and safe to do so.
- Use fans to move virus particles from inside your home to outside.

#### Stay hydrated, use OTC medications such as acetaminophen to manage symptoms. Seek medical care if you display the following symptoms:

- Trouble breathing.
- · Persistent pain or pressure in the chest.
- · Confusion, inability to wake or stay awake.
- Pale, gray, or blue-colored skin, lips, or nail beds (or an abnormally low reading on a pulse oximeter, if you have one.)

\*This list is not all possible symptoms. Call your medical provider if you have any other severe or concerning symptoms.

More information at: www.pacificcountycovid19.com

## Free At-Home COVID-19 Tests & N95 Masks

## Pick yours up today!

- Naselle Library
- South Bend Library
- Raymond Library
- Ocean Park Library
- Ilwaco Library
- Pacific County Health Dept (Long Beach or South Bend Office)
- Olympic Area Agency on Aging
- City of Long Beach
- Shoalwater Clinic





# **COVID-19 Treatment Options**

If you are high risk of severe illness due to COVID-19 (as defined below), call your provider to see if you are eligible!

#### Key points to know:

- Monoclonal antibody treatments (mAB) and oral antiviral medications are available in Pacific County
- Medical provider order is required
- Treatments are most effective if administered within the first few days of disease (the earlier the better)
- Those who are high risk due to age or certain underlying health conditions are eligible. Talk to your provider to see if they are right for you!

More information: <a href="https://www.cdc.gov/coronavirus/2019-ncov/your-health/treatments-for-severe-illness.html">https://www.cdc.gov/coronavirus/2019-ncov/your-health/treatments-for-severe-illness.html</a>