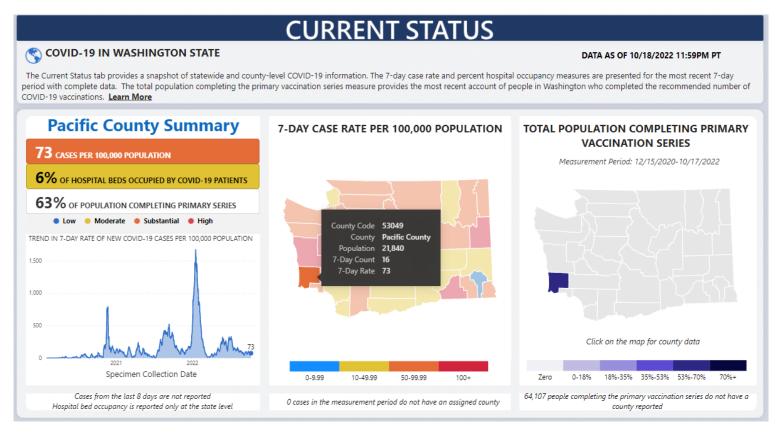


Public Health & Human Services

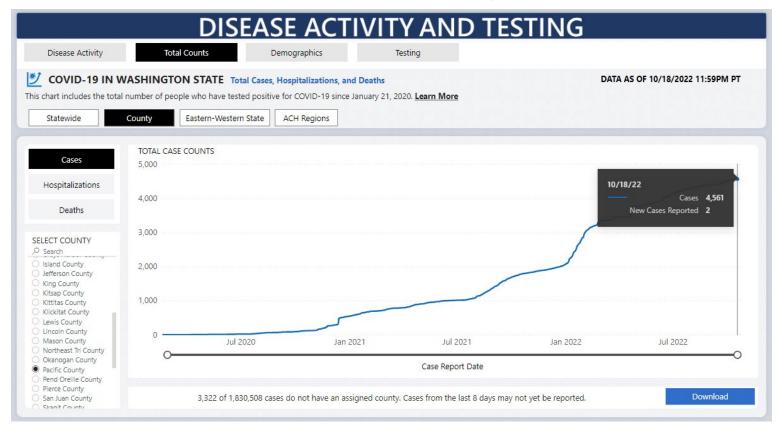
# Pacific County COVID-19 Update October 19, 2022

## **Current COVID-19 Status**



Access at <a href="https://doh.wa.gov/emergencies/covid-19/data-dashboard">https://doh.wa.gov/emergencies/covid-19/data-dashboard</a> then click/select our county for a summary of the current status. The current 7-day rate is 73 per 100,000, which is considered "Substantial."

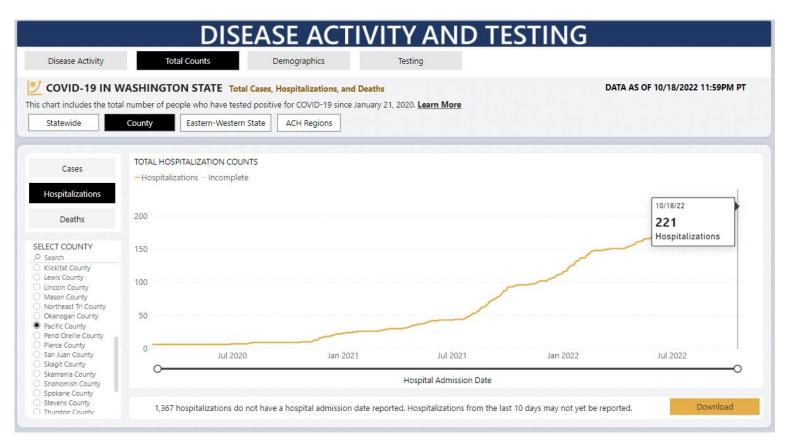
# Disease Activity: Case Count



DOH has recorded
4,561\* cases of COVID-19 as of 10/19/22.

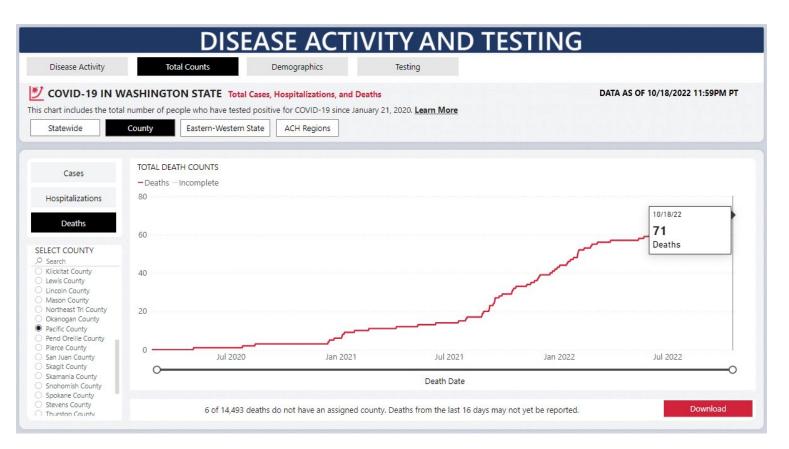
<sup>\*</sup>This is an undercount from our county. We expect that any missing cases will be accounted for by November.

# Disease Activity: Hospitalization Count



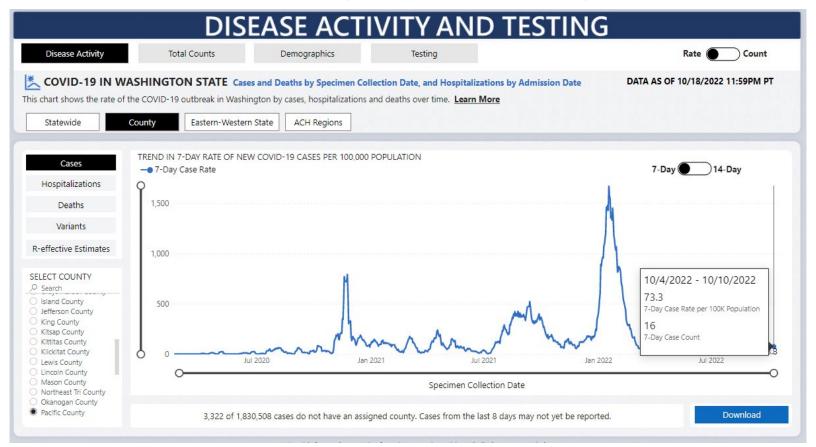
DOH has recorded <u>221</u> hospitalizations linked to COVID-19 as of 10/19/22.

# Disease Activity: Hospitalization Count



At this time, DOH has recorded <u>71</u> <u>deaths</u> linked to COVID-19 as of 10/19/22.

# Disease Activity: Case Rate per 100K



The current 7-day case rate is <u>73.3 per 100,000</u>. This is <u>approximately the same as last week's (10/12) rate of 73.3</u>.

# COVID-19 Cases, Hospitalizations, and Deaths by Vaccination Status Washington State Department of Health

October 12, 2022

### Unvaccinated 12-34 year-olds in Washington are

- 1.9 times more likely to get COVID-19 compared with fully vaccinated 12-34 year-olds.
- 3.1 times more likely to be hospitalized with COVID-19 compared with fully vaccinated 12-34 year olds.

### Unvaccinated 35-64 year-olds are

- 1.6 times more likely to get COVID-19 compared with fully vaccinated 35-64 year-olds.
- 2.8 times more likely to be hospitalized with COVID-19 compared with fully vaccinated 35-64 year olds.

#### Unvaccinated 65+ year-olds are

- 1.8 times more likely to get COVID-19 compared with fully vaccinated 65+ year-olds.
- 2.9 times more likely to be hospitalized with COVID-19 compared with fully vaccinated 65+ year-olds.
- 4.5 times more likely to die of COVID-19 compared with fully vaccinated 65+ year-olds.

https://doh.wa.gov/sites/default/files/2022-02/421-010-CasesInNotFullyVaccinated.pdf?uid=6346f5443f934

# COVID-19 Cases, Hospitalizations, and Deaths by Vaccination Status Washington State Department of Health

(Updated Monthly)

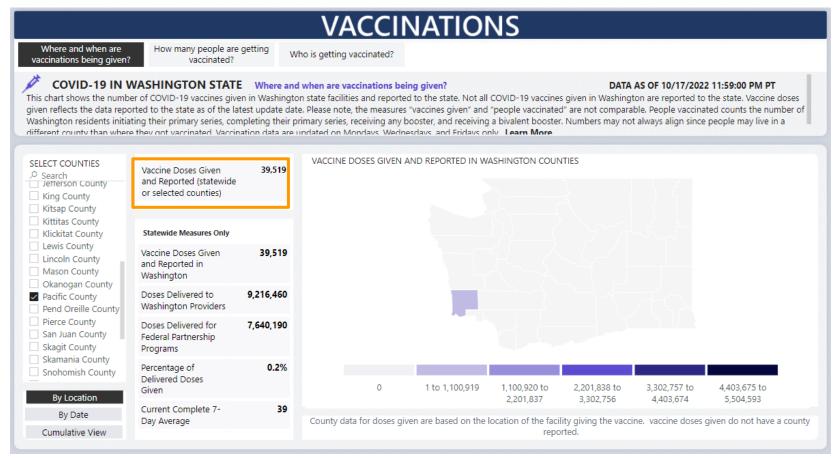
#### Reports

- Modeling Situation Reports
- Roadmap to Recovery Reports
- ✓ Behavioral Health Reports
- Report Archive

### Click here!

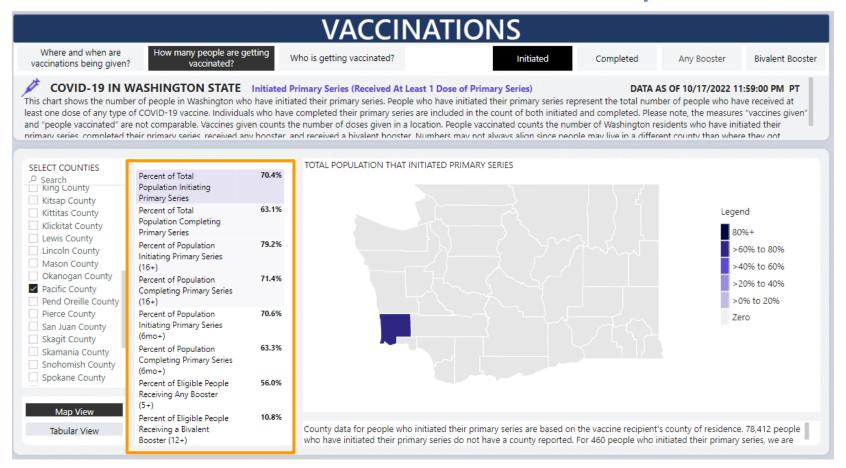
- COVID-19 Cases Among Children and Youth in Washington (PDF) 9/21/2022 updated weekly
- <u>Casos de COVID-19 en niños y jóvenes en Washington (PDF)</u> Español 9/21/2022 Actualizado semanalmente
- · COVID-19 Cases, Hospitalizations, and Deaths by Vaccination Status (PDF) 9/14/2022 updated monthly
- COVID-19 Death Categories (PDF) 8/26/2021
- COVID-19 Morbidity and Mortality by Race, Ethnicity and Language in Washington State (PDF) 9/20/2022 updated every two weeks
- Long-term Care Report (PDF) 9/12/2022 updated monthly
- Multisystem Inflammatory Syndrome in Children Associated with COVID-19 in Washington State (PDF) 9/14/2022 updated monthly
- . Outbreaks in Washington State K-12 Schools (PDF) 8/31/2022 updated monthly
- Reported COVID-19 Reinfections in Washington State (PDF) 9/21/2022 updated weekly
- SARS-CoV-2 Sequencing and Variants in Washington State (PDF) 9/21/2022 updated weekly
- SARS-CoV-2 Sequencing and Variants in Washington State Weekly Data (Excel) 9/21/2022 updated weekly
- · SARS-CoV-2 Vaccine Breakthrough Surveillance and Case Information Resource (PDF) 9/14/2022 updated monthly
- Outbreaks in Washington State Agriculture and Food Manufacturing Settings (PDF) 6/16/2022

## Vaccination Status: Total Doses

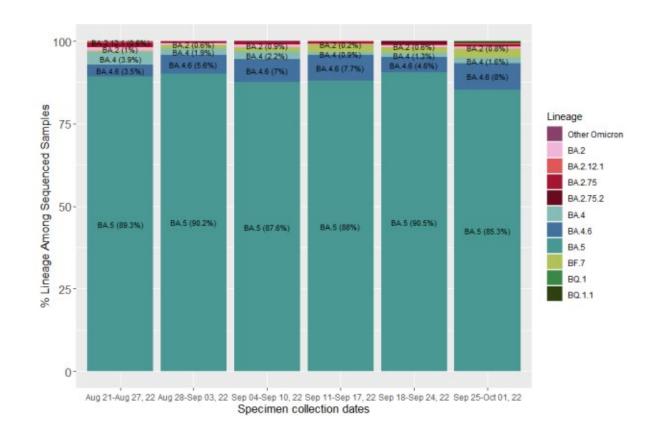


39,519 vaccine doses have been administered in Pacific County. This is a 405 dose increase from last week's count: 39,114

# Vaccination Status: Vaccine Proportions



### **SARS-CoV-2 Variant Proportions in WA**



# COVID-19 Omicron Variant Update

BA.5 continues to be the dominant variant with BA.4 and BA.4.6 as the next two most prevalent.

Findings for BA.5, BA.4 and BA.4.6 have shown an increased ability to evade immune response from both initial vaccinations and prior infections.

However, the current bivalent vaccine booster is specifically designed for and very effective against these Omicron variants.

Scheduling information here.

### **COVID-19 Omicron Variant Update**

#### Reports

- Modeling Situation Reports
- Roadmap to Recovery Reports
- ▼ Behavioral Health Reports
- Report Archive
- COVID-19 Cases Among Children and Youth in Washington (PDF) 9/21/2022 updated weekly
- Casos de COVID-19 en niños y jóvenes en Washington (PDF) Español 9/21/2022 Actualizado semanalmente
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Click here!

The chart in the previous slide is usually found on Page 7 of the report.

### Download printable copies at: <a href="http://www.pacificcountycovid19.com/if-you-have-covid-19.html">http://www.pacificcountycovid19.com/if-you-have-covid-19.html</a>



# What to do if you are exposed to COVID-19:

If you were exposed and you <u>DO NOT</u> have symptoms (regardless of vaccination status)

#### No quarantine

 You do not need to quarantine unless you develop symptoms

#### Take precautions until day 10

- Get tested if you develop symptoms
- Wear a quality mask for 10 days while around others
- Avoid travel
- Avoid being around people who are high risk

#### Quarantine for at least 5 days

### If you were exposed and you <u>HAVE</u> symptoms

#### Get tested

- Test right away and then again on day 5
- If you can't get a test, but have been exposed and have symptoms, assume you are positive and isolate
- . If positive, isolate for 5 days after symptom onset

#### Continue to take precautions on day 5-10 including:

- Wearing a quality face mask while around others.
- Avoiding travel
- Avoiding being around people who are high risk

#### More information:

(regardless of

vaccination status)

www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation www.pacificcountycovid19.com



## What to do if you test positive for COVID-19

Updated August 11, 2022

#### Isolate at home and stay away from others.

- Isolate at least 5 days, or 24 hours after symptoms improve and no fever without medication, WHICHEVER IS LONGER.
- . Day 1 of your isolation period begins the first full day after symptoms start.
- Wear a quality face covering at all times when around others through day 10. It is very
  important to wear a mask at all times for the entire 10 days- even after you are out of
  isolation- as you may still be contactious on days 5-10
- Improve ventilation by opening windows and/or using air purifiers with HEPA filters.
- Stay hydrated, use OTC medications to manage symptoms.
- Seek medical care if you experience severe symptoms

If you are high risk due to age (over 65), or underlying health condition, contact your provider for treatment options including oral antiviral medication that can help reduce the severity of COVID-19. If you do not have a provider or are unable to get an appt within 48 hrs, call 1-800-525-0127 for a free telehealth appointment.

#### Reach out to your close contacts and let them know they've been exposed

 Close contacts include anyone you were around for more than 15 minutes from 2 days prior to when you first developed symptoms through today.

#### Close contacts are not required to quarantine, but should take precautions until day 10

- . Get tested (right away if you have symptoms, or on day 5 if you do not have symptoms)
- Wear a quality mask for 10 days while around others
- Avoid travel
- Avoid being around people who are high risk

#### Find more information at:

www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation www.pacificcountycovid19.com

### Free At-Home COVID-19 Tests

### Pick yours up today!

- Naselle Library
- South Bend Library
- Raymond Library
- Ocean Park Library
- Ilwaco Library
- Pacific County Health Dept (Long Beach or South Bend Office)
- Olympic Area Agency on Aging
- City of Long Beach
- Shoalwater Clinic





## **COVID-19 Treatment Options**

If you are high risk of severe illness due to COVID-19 (as defined below), call your provider to see if you are eligible!

### Key points to know:

- Monoclonal antibody treatments (mAB) and oral antiviral medications are available in Pacific County
- Medical provider order is required
- Treatments are most effective if administered within the first few days of disease (the earlier the better)
- Those who are high risk due to age or certain underlying health conditions are eligible. Talk to your provider to see if they are right for you!

More information: <a href="https://www.cdc.gov/coronavirus/2019-ncov/your-health/treatments-for-severe-illness.html">https://www.cdc.gov/coronavirus/2019-ncov/your-health/treatments-for-severe-illness.html</a>

\*Don't have a provider? You can call <u>1-800-525-0127</u>, then press # to schedule your video consultation via the DOH hotline for FREE. Visit here for more telehealth information: https://doh.wa.gov/emergencies/covid-19/treatments/free-telehealth\*